



Woodbridge Township Athletic Alumni Association

2019

Hall of Fame Ceremony



October 13, 2019

**The Woodbridge
Community Center**

Special Guest of Honor
Herb Hollowell



Congratulations to all inductees
to the 2019 Hall of Fame Class of the Woodbridge
Township Athletic Alumni Association

John E. McCormac
Mayor, Woodbridge Township

Woodbridge Township Council

Council President Cory Spillar, 3rd Ward
Council Vice President Lizbeth DeJesus, At-Large
Nancy Drumm, 1st Ward
Howie Bauer, 2nd Ward
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Gregg M. Ficarra, At-Large
Kyle Anderson, At-Large
Brian Small, At-Large

Woodbridge Township Athletic Alumni Association

2019 Program Hall of Fame Ceremony

October 13, 2019

Welcome

Nick Sardone, WTAAA President

Invocation

Deacon Peter Barcellona
St. Anthony of Padua, Port Reading

Opening Remarks

Mayor John E. McCormac

Introduction of 2019 HoF Class

Nick Sardone

Inductees at tables

Introduction of Hall of Famers in attendance, guests, WTAAA committee

Nick Sardone

Special Guest of Honor

Mr. Herb Hollowell
Introduced by Nick Sardone

Dinner – Tables will be called

Group Photo – 2019 Inductees

1993 Award Presentation to Andrew Barcellona WHS '35

Presented by Nick Sardone

Received on his behalf by his children Barbara and Andy

Awards and Proclamations

Introductions by Nancy Cuntala and Sharon DiLonardo

Vincent Abene, *Colonia High School, 1990*

Robert Bingham, *Coach, John F. Kennedy Memorial High School*

Robert Burlage, *John F. Kennedy Memorial High School, 1975*

David Cassella, *John F. Kennedy Memorial High School, 1979*

Ann Cyrana, *John F. Kennedy Memorial High School, 1983*

Edmund Etzold, *Woodbridge High School, 1975*

Kathy Flicek Deinlein, *Colonia High School, 1978*

Keith Hemmings Jr., *Woodbridge High School, 1999*

Carrie Huzar Brown, *Woodbridge High School, 1996*

David Kuntz, *Colonia High School, 1970*

John W. Novak Jr., *Woodbridge High School, 1991*

Ed Paladino, *Woodbridge High School, 1991*

Frank Ruggiero, *John F. Kennedy Memorial High School, 1979*

Brian Russo, *Woodbridge High School, 1996*

Robert Timinski, *Colonia High School, 1990*

Robert Urbanik, *Colonia High School, 1985*

Teams

1970 John F. Kennedy Memorial High School – Track and Field (Indoor–Winter)

1974 Colonia High School – Football

Benediction

Deacon Peter Barcellona
St. Anthony of Padua, Port Reading

Concluding Remarks

Nick Sardone



Special Guest of Honor

Mr. Herb Hollowell

WHS 1953

"A Proud Barron—A Proud Mustang"

"Local boy returns home for good"

"A players coach"

Throughout the long history of Woodbridge Township interscholastic athletics, we have had the pleasure of watching great student-athletes and outstanding coaches at work. One of those talented athletes and coaches joins us tonight as our Guest of Honor.

Herb Hollowell was a versatile three sport athlete at WHS '53 in football, basketball and track and field. He possessed speed, strength and power and utilized those traits to attain a four year track and field scholarship to Penn State University.

Young Herb grew up on Freeman Street. His parents were Gladys and Herbert Hollowell. His playground of choice was the old Woodbridge Speedway (now the home of Nicholas A. Priscoe Stadium on the campus of WHS). He and his young friends "broad jumped" over the nearby creek. As a youngster, he attended Schools #1 and 11 (now Ross St.) He attended Woodbridge High School on Barron Avenue prior to the opening of the current building in 1957.

"It appears as though Herb Hollowell is on the verge of becoming WHS's greatest all time athlete since the late Alby Leffler wore the red and black colors during the late 1930's. Only a junior, Hollowell has one more year to develop into a football and basketball star. As for track and field, he has already arrived with the reputation of being the greatest track star ever to represent the Barrons in the field events. He can boast of tabulating more points in one season than any previous Woodbridge athlete. Hollowell's specialties are the broad jump, high jump and discus." (Source: Johnnie Royle, "Sports Round Up", Woodbridge Independent Leader, May, 29, 1952, p.5, on-line.)

Herb's football career was hindered due to an unfortunate string of injuries much to the dismay of Coach George Gerek. In basketball, for Coach John Tomczuk, Herb scored 181 points over 19 senior year games. (9.5 average) When spring arrived, his attention focused on track and field for WTAAA HoF Coach Lou Gabriel. As a senior, he led his team to a 5-2 dual meet record, the school's best record in 20 years. He scored 125 team points, most on the team, and secured a total of 17 first places in the broad jump, discus and high jump. At the Middlesex County Championships, he captured the first place medal in the discus and the team secured a third place finish. At the Central Jersey Group IV Sectional Meet, Herb won the discus event again with a 134'11" heave, a new Central Jersey

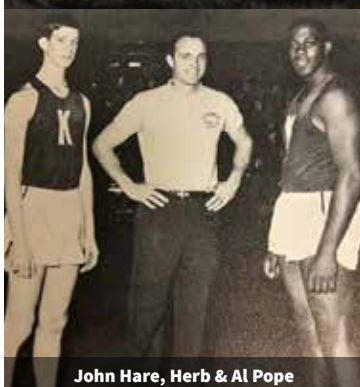
record. He also placed second in the broad jump with a leap of 20'6". At the New Jersey Group IV meet, Herb placed 4th in the discus with a 138'11" throw and 4th in the broad jump at 20'11 1/2". WHS finished eighth in the team scoring. This was the school's highest finish up to that year in history. Finally, at the 1953 USA National Decathlon Championships in July, Herb managed a 13th place finish with 4,390 points. After the first day, he was 9th. However, on day two, he had to participate in three out of the ten events he never practiced; the pole vault, mile run and hurdles. The fact that he even had a chance to participate was noteworthy itself. Other participants included the great Milt Campbell (first place winner with 7,235 points and 1956 Olympic champion), Bob Richards (Wheaties box) and Dennis Weaver of Gunsmoke fame.

Following high school, Herb's parents drove him out to Penn State University. There, he majored in physical education and participated in track and field under head coach Chick Werner and assistant coach Norm Gordon. In 1955, Herb placed in all of Penn State's dual meets and at the IC4A meet at Madison Square Garden. When the head football coach, Rip Engle, observed him in track and field, Herb was recruited to the football team for his junior year. Unfortunately, a severely ruptured achilles tendon in the triple jump at Quantico, Virginia, ended abruptly Herb's athletic career during his junior season at Penn St. Some of his football and track and field friends/teammates at Penn State included Rosey Grier, Lenny Moore, Milt Plum, Charles Blockson, Rod Perry and Art Pollard. At Penn State, Herb was the "freshman athlete of the year" in 1953-54, and he later won the Penn State "He-man contest", a multiple athletic events competition. Herb graduated Penn State in 1957. He was immediately offered a position as a teacher and coach at WHS and the "local boy returned home for good." In addition to teaching, he was an assistant football coach under Nick Priscoe, assistant basketball coach under Jim Highberger and WTAAA-HoF'er Jim Lake, and assistant outdoor track and field coach with WTAAA-HoF'er Lou Bartha. When the winter track and field program began in 1961, Herb added that coaching assignment to his list.

As assistant track and field coach with Lou Bartha at WHS, Herb worked closely with his athletes. He believed in positive communication, motivation, speed training and weight training. Most of all, he encouraged his athletes "to do their best". Several won State Gr. IV championships beginning with Pat Cunningham in 1958 and at least seven have been elected to the WTAAA Hall of Fame for football and/or track and field. Many more won sectional and county first place medals. Their teams captured numerous titles including the 1961 outdoor Central Jersey Group IV sectional, the 1961 and 1962 indoor and outdoor Middlesex County (MC) track and field championships, the 1962 MC outdoor relays, the 1963 MC indoor relays and the 1963 Seton



Herb & Ron Osborne



John Hare, Herb & Al Pope

Previous Special Guests of Honor

Ron Osborne 1996

Lou Creekmur 1997

Samuel A. Lupo 1998

Johnnie Royle 1999

Matt Fratterolo 2000

Mayor John E. McCormac 2015

Harding William "Pete" Peterson 2016

William "Bill" Kovacs 2017

Frank & Dr. Vincent Capraro 2018



Ron Osborne & Herb



Steve Ricciardi & James Cimaglia



Paul Ricciardi



Herb



(L-R) John Picaroni, Ed Ackerman, William Randolph & John Eppensteiner



(L-R) Paul Ricciardi, Herb & Steve Ricciardi

Hall and Philadelphia Spike Shoe Meets. Perhaps, his and the program's crowning achievement came in 1963 at the MC outdoor relays when four shot putters, namely WTAAA Hall of Famers Ed Ackerman, John Eppensteiner, John Picaroni and teammate William Randolph established a new USA National Scholastic record of 210'1 1/2". This record stood for almost twenty years as all four guys threw over 50'.

In September 1964, Herb moved over to JFK to establish the track and field program there, teach P.E. and assist Ron Osborne with the football program. Lou Bartha was athletic director. At JFK, Coach Hollowell produced more individual state, sectional, and county winners such as WTAAA HoF's Gary Cardinale, Al Pope, Jim McDonald, and Steve and Paul Ricciardi as well as numerous relay winners. Many more Mustangs were elected to the WTAAA Hall of Fame thanks to Coach Herb's mentoring in several sports. Team wise, JFK won the 1967 and 1968 Middlesex County outdoor relays (with St. Joseph). They won the 1969 Greater Jersey Conference outdoor relays (with Colonia), the 1970 GJC outdoor relays and 1970 MC track and field indoor championships (with St. Joseph) as the team we honor tonight.

Here are a few words about Coach Hollowell from WTAAA HoF'er and 1970 JFK tri-captain James "Bucky" McDonald. "All coaching is, is taking a player where he can't take himself... A great coach has the ability to motivate and inspire. Coach Hollowell was a great leader and coach... he touched the lives of all his athletes. He always made you feel special and made you feel like you belonged... Congratulations to Coach Hollowell... a well-deserved honor for all your hard work and dedication to the athletes you coached at JFK..."

Here are a few words from WTAAA HoF'er and 1970 JFK tri-captain Steve Ricciardi. "Running for Coach Hollowell gave me the confidence to do just about anything that I put my mind to. When I was coaching high school students, I used workouts like Coach gave us. He always motivated kids and told them to believe in themselves and if they do it, they usually accomplish the goals they set. I learned a lot from Coach Hollowell. He gave all of us the inspiration to succeed."

Here are a few words from WTAAA HoF'er and 1971 team tri-captain Paul Ricciardi. "Coach Hollowell was an excellent role model. He taught us the importance of hard work and how to deal with life's adversities. By

observing his leadership skills during my high school career, it enabled me to be successful as a teacher, coach, and school principal for over 34 years."

Coach Herb Hollowell was named Middlesex County indoor track and field Coach of the Year in 1961 and 1970. He was inducted into the New Jersey State Scholastic Coaches Association Hall of Fame in 1974 and was inducted into our WTAAA Hall of Fame with the sixth class in 1994. In the early to mid 70's, Lou Bartha asked him to take over JFK's wrestling program. He remained in that role for 12 years.

Teaching and coaching meant a great deal to Herb during his 39 years (38 as coach and retired in 1996) as a WHS and JFK physical education teacher and coach of multiple sports. He eventually became a guidance counselor at JFK for 22 years. In our phone calls, he gave credit to his family for allowing him the time to coach so long. Many students profited from Herb's teaching and mentorships. Many became individual champions in their chosen sport, earned college scholarships, and most have enjoyed success beyond the playing fields in life thanks in part to Herb Hollowell's influence.

Today, Herb lives in Hunterdon County with his wife of 60 years, Elaine. The couple met in a graduate class at Rutgers. Herb praised Elaine, a retired 26 year English teacher, for her devotion and patience while he coached many hours, and for raising their three children; Merrill, Gordon and Matthew. The couple has four grandchildren namely Jimmy, Kelly, Lauren and Gavin. An interesting activity in Herb's life is that he and his family raised German Short Haired Pointers. His best dog "Ceres of Hidden Hollow" became the all-time top producing "show, field and dual champion in the world." Herb's dogs won many national and international dog of the year awards. Doesn't that success sound similar to his student-athletes?

Except for his four years at Penn State University and later in life, Herb Hollowell was a Woodbridge Township lifer, and we were all blessed to be influenced by him in his various roles as a teacher, coach and guidance counselor. Herb Hollowell was a dedicated, conscientious and sincere educator. Tonight, he takes his rightful place as a loyal and distinguished Woodbridge Township legend. We wish him, Elaine and their family the very best of happiness and good health in the years ahead, and we say thank you Coach Hollowell or thank you Mr. Hollowell for everything you did for us. CONGRATULATIONS!

Voting Members

Nick Sardone
President / Trustee

Sandra Schmidtke
HOF | Coach | CHS
Vice President / Trustee

Gregg Ficarra
Councilman | JFK
Trustee

Ann Cyrana
Coach | JFK, CHS
Secretary

Jim Anderson
HOF | JFK

Kyle Anderson
Councilman | JFK

Tom Chmiel
HOF | Coach | WHS, CHS

Nancy Cuntala
HOF | Coach | JFK

Sharon Couch DiLonardo
HOF | Coach | CHS, JFK

Rich Duda
JFK

Norma Arnesen Grasso
HOF | Coach | JFK, WHS

Michael Kaelber
Coach | CHS

Clark Payne, Jr.
Parent | CHS

Ellen Baureis Pisano
HOF | Coach | CHS, WHS

Tina Sabunas
HOF | CHS

Michael Yannazzo
HOF | Coach | WHS

Non-Voting Members

Vito Cimilluca
Director of Woodbridge
Recreation Department

Patrick Muller
Treasurer

*NOTE: The WTAAA was active
between 1989-2000. The current
committee re-organized the
Hall of Fame in 2015.*

Woodbridge Township Athletic Alumni Association

2019 Hall of Fame Committee

17th Induction Dinner



First Row (L/R): Ann Cyrana, Sharon DiLonardo, Nancy Cuntala, Sandy Schmidtke, Nick Sardone, Mike Yannazzo
Back Row (L/R): Norma Grasso, Mike Kaelber, Clark Payne Jr., Rich Duda, Jim Anderson, Tom Chmiel, Ellen Pisano
Absent: Tina Sabunas, Gregg Ficarra, Kyle Anderson, Vito Cimilluca, Patrick Muller

The WTAAA is very proud to welcome this incredible 2019 class to our Hall of Fame. The class has achieved tremendous success not only athletically, but also, academically and professionally. They represent not only the best from Woodbridge Township but many excellent colleges and universities. The new members were selected from a very strong field of nominees. Tonight, we celebrate their many accomplishments, and congratulate the 2019 Hall of Famers with gratitude for a job well done.

The WTAAA has started to organize a website. Just go to **hall.maximize.us**. Here, you will see the biographies for the first six years of the sixteen previous Hall of Fame inductions. The WTAAA is producing a new website. We are working with BiggerFish Marketing, Woodbridge, towards a late fall 2019 launch.

Special thanks are extended to Steven Steinberg and Steven C. Simzak at Stone Mountain Printing, Woodbridge, for printing the program. We also wish to thank our writers and typists: namely Kyle Anderson, Bob Bingham, Tom Chmiel, Ann Cyrana, Nancy Cuntala, Rich Duda, Sharon DiLonardo, Michael Kaelber, Paul Ricciardi, Tina Sabunas, Jenna Sardone, and Nick Sardone. We wish to thank the many local businesses for their advertisements in our booklet. Please support these businesses. They support the WTAAA and our senior scholarship awards.

We extend our appreciation to Mayor McCormac, Assembly Speaker Coughlin, Senator Vitale, Assemblywoman Lopez, and Assemblyman Wisnewski, and Dr. Zega and the Board of Education for their proclamations; T.V. 35/36 for taping the induction dinner; Debbie Meehan and Harry Bernstein of The Corner newspaper; David Rubel for photography; Greg Tufaro, sportswriter for The Home News Tribune; and Vito Cimilluca and his entire staff at the Woodbridge Community Center.

Finally, sincere thanks go to the entire WTAAA Hall of Fame Committee for their considerable effort and time in planning and organizing the dinner.

Please Support Our Advertisers.

VINCENT ABENE CLASS OF 1990



A 1990 Colonia High School graduate, Vinnie Abene was a dominant multi-sport player, earning a total of six varsity letters in both Football and Baseball.

Vinnie's athletic prowess was recognized from the beginning of his freshman year. Over his four-year tenure at CHS, he proved himself a standout football player as a starting Safety and Quarterback. Over the course of that time, his contributions led his team to two White Division titles in 1987 and 1988. Playing under legendary coach and WTAAA Hall of Fame member, Patsy Barbato, Vinnie was a three-year letterman in this sport.

In addition to excelling on the gridiron, Vinnie was also a distinguished player on the baseball diamond. As a starting short stop and pitcher in 9th grade, he was instrumental in assisting his team win their freshman tournament. Over the next three years, Vinnie established himself as a dominant player on the field assisting his team in winning the Blue Division title in 1989. Playing under Coach Mickey Kott and Coach Jack Kreiger, Vinnie earned three varsity letters during his baseball career at CHS while demonstrating his versatility as a starting pitcher, second baseman, centerfielder, and shortstop. In his senior year (centerfield), Vinnie batted an impressive .465 with 22 RBI's and was perfect with 20 for 20 stolen bases. He was selected by both the Star Ledger and Home News Tribune as Second Team All-Middlesex County, the Daily Journal First Team All-Metro, and Star Ledger Third Team Group II All-State. His stellar performance earned the honors of participating in both the Greater Middlesex County Senior All Star Game and NJ State All Star Game at Princeton University.

Following high school, Vinnie attended Rutgers University, where he continued his baseball career as a right fielder from 1990-1992. Vinnie was coached by American Baseball Coaches Association Hall of Fame and Rutgers Athletics Hall of Fame member, Fred Hill. It was Coach Hill who greatly inspired Vinnie to pursue the next chapter in his athletic career as a high school coach.

After college, Vinnie returned to his high school alma mater as a coach of football,

basketball, and baseball. He would later take his expertise to Edison High School as the Varsity Football Offensive Coordinator and coach of the Girls JV Basketball coach, which reached the county playoff game two years in a row. It is at EHS where Vinny has currently established himself as one of the top high school baseball coaches in the area. From 2003 to present, Coach Abene has earned over 240 wins. Under his leadership, the Eagles have won the North Jersey Section 2 Group IV State Championship and are three-time Red Division Champions. Vinnie is recognized as a standout coach and was named "Middlesex County Coach of the Year" and a three time "Division Coach of the Year." Former Athletic Director of Edison High School, Jim Muldowney commends Coach Abene for his hard work and dedication. "He is a coach who cares deeply about his players and his program, and he continues to be an active leader and spokesperson for Middlesex County baseball in his various roles with the G.M.C. Baseball Coaches Association."

As per WTAAA Hall of Fame member Coach Stu Jago, "Vinnie was very competitive in all sports he played and worked extremely hard all the time. He was a team player which helped him to be a very successful baseball coach". Vinnie is most proud of his teams' success during his six seasons as a varsity athlete.

Graduating in 1995 from Rutgers University, Vinnie earned his degree in Sports Management. He would later earn a graduate degree for Teacher of the Handicapped (1998) from Kean University. Vinnie has been employed by the Edison Township Public School District for the past 21 years. He is a Special Education teacher (Social Studies) at Edison High School.

Today, Vinnie resides in Barnegat, NJ with his girlfriend Laura and her 13 yr old son, Julian. He has two children, Vinnie Jr., 20 and Sophia, 18. His parents, Pete and Maryann still reside in Colonia. The entire Abene family would like to extend a sincere "thank you" to the Woodbridge Township Community for all of the support throughout the years.

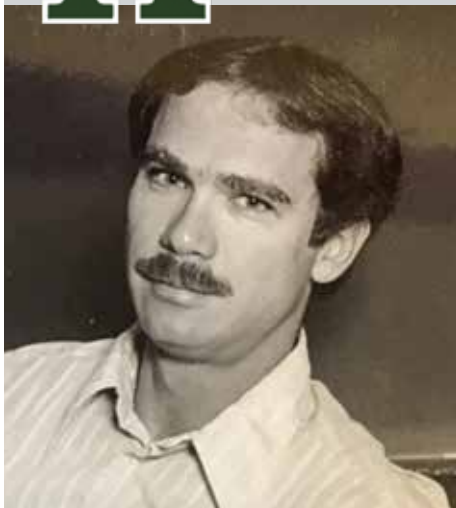
Congratulations, Vinnie, and welcome to the WTAAA Hall of Fame!





ROBERT BINGHAM

CROSS-COUNTRY/TRACK & FIELD COACH



Before there was Coach Bingham, there was the student Robert Bingham of Warren, Ohio... who claimed that he had a "fairly undistinguished career" as a high school athlete. He ran cross-country and track for three years and was a role player on the basketball team. In his senior year of cross-country, the team had a 10-2 record and finished third in the districts. That finish was not good enough for the team to go to the state finals but Bob's 3rd place individual finish allowed him to qualify. He ran in the Ohio state finals and finished 27th.

After graduating from Grove City College in Pennsylvania, Coach Bingham began his teaching and coaching career in Windham, Ohio. While there, he coached JV basketball and started the cross-country team which had a 13-7 two year record.

In 1970, Bob moved to New Jersey to teach English at JFK and begin his Mustang coaching career – JV basketball, assistant track and head cross-country coach. Kennedy was still a young school with only six years of existence when Bob arrived. The cross-country team had managed just one winning season. During the next 14 years, the team had eight winning seasons including two undefeated teams in 1976 and 1983. The 1976 team won the Middlesex County Athletic Conference while the 1983 team finished second in the Bicentennial Athletic Conference meet. The 1977 team, with a 17-1 record, became the only the only team to qualify for the state finals where they finished 8th. Coach Bingham was a fixture at Merrill Park for 16 seasons as his cross-country teams (featuring harriers Roy Arnesen, Bob Burlage, Tom Cawley, Bobby Lewis, Frank Mazza and Pat Moran) compiled a 147-83-1 overall record.

Coach Bingham was the Mustangs' head spring track coach from 1975-1994. He readily admitted that dual meet success was hard to come by as his teams had a combined record of 99-98. But a lack of meet victories did not mean a lack of success for the storied Kennedy track program. There were many individual, relay and championship meet highlights. Perhaps the most significant was the 1989 team winning the Greater Middlesex Conference championship, despite only having 16 athletes on the team. In light of this accomplishment, Bob was named Coach of the Year by the Home News Tribune. The 1988 team finished 3rd at the GMCs while the 1987 team was 2nd in the state sectional and 3rd in the Group III state championships. Being blessed with so many talented runners (including Hall of Famers Ron Allen, Jim Anderson, Courtney Burton, Norma Grasso, Darran Simon and David Tabon), Kennedy individuals were able to win the following championships: 6 all group (Meet of Champions), 8 group, 21 sectional and 17 county. Mustang runners

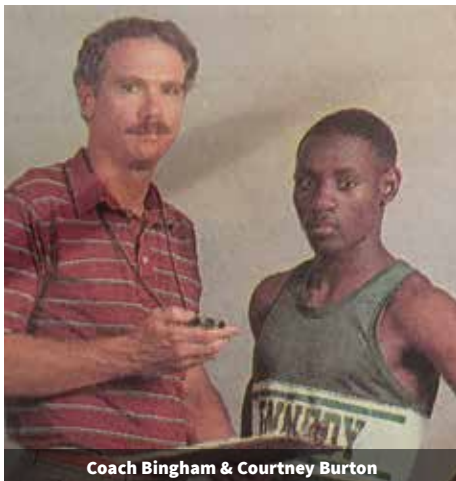
also did well at the Penn Relays, winning three class mile plaques, finishing 2nd four times and earning a 3rd place in a class 2-mile relay.

Always one to give others credit, Coach Bingham would like to thank all the men who served as assistant coaches and a special thank you to Brad Altland who did such a valuable job as JFK's trainer. He offers another thank you to all the athletes whom he coached in all of the sports, including one season as the girls' tennis coach. He felt that "any success that they enjoyed was primarily a result of all the work they did on the practice fields or courts and their ability to perform well in the meets and games they played." Four WTAAA Hall of Famers offered their own thoughts on Coach Bingham. Paul Ricciardi observed that as an assistant coach to Herb Hollowell, Bob was "dedicated to all the runners... and he set an example for all of us to be unified as a team." Jim Anderson added that Coach's "dedication and attention to detail rubbed off on me... the work ethic he instilled in me allowed me to become a Division I football All-American." Ron Allen wrote that "Coach Bingham was one of the best coaches that I ever had in any sport from Pop Warner to the NFL. He pushed me to become a champion on all levels... a great mentor who went above and beyond coaching to better his athletes' lives." Finally Darran Simon summed up his feelings for his coach:

"I called Coach Bingham "Mr. Bingham" as a teenager, and I still do as an adult because of the respect I have for him. He believed in a skinny teenager and taught me to believe in myself. With every practice, every victory, every loss, he was always teaching. He preached dedication and hard work. Those lessons helped shape me into the man that I am today. And for that, I will always be grateful. My family and I cherish him."

Retired from Kennedy and now living in Virginia, Coach Bingham saves his biggest thanks for his family... his wife Chris and their three children: Nancy, Matthew and Melissa. He is grateful that his family allowed him the time to coach and often to travel with some of his athletes to the Junior Olympics. Bob wrote that "in all aspects of my life, my wife Chris has been my biggest fan and greatest supporter."

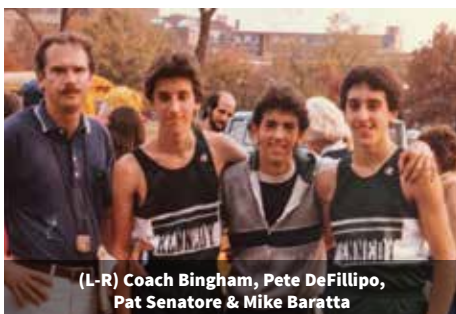
Robert Bingham would like to be remembered as a coach who emphasized the importance of setting high goals and the value of hard work to achieve them. The WTAAA welcomes Bob Bingham... a Hall of Fame coach and a Hall of Fame man.



Coach Bingham & Courtney Burton



(L-R) Coach Zinkowicz,
Norma Arnesen Grasso & Coach Bingham



(L-R) Coach Bingham, Pete DeFillipo,
Pat Senatore & Mike Baratta



DR. ROBERT BURLAGE CLASS OF 1975



During his first two years of high school, Bob "Doctor" Burlage gave little indication of what was to come by the time his Kennedy career was over. Coach Bob Bingham (and fellow inductee) commented that initially "Bob was a good, but not great, cross-country and track athlete. He was like many others who showed up every day for practice, worked hard and achieved acceptable but hardly remarkable results." His nickname "Doctor" was bestowed by long time Kennedy wit (and for a time girls' XC and winter track coach) Joe Zinkowicz. The origins of the nickname are a bit obscure but may possibly refer to the white lab coat that Bob was fond of wearing to class!

Then in the fall of 1974, Bob's results changed. He began the year by leading the cross-country team to a 12-3 record, dramatically reversing back to back 4-11 seasons. Bob set a new course record at Merrill Park which was the site of home meets. In winter track, Bob was the 880yd conference champion and runner-up in the county, setting a school indoor record of 1:59.1.

Between the winter and spring seasons, Bob ran in the prestigious Spike Shoe Invitational in Philadelphia. Although he thought of himself as primarily a half-miler, he ran and won the mile in 4:25, another school record. Spring Track of his senior year was when the "Doctor" really started to operate! Early in the season, at the county relays, Bob anchored the sprint medley team to a big win and another school record. At the NJ Relays, he ran the anchor leg on both the sprint medley and the 2-mile relay teams to set two more school records. These record-setting relay performances aside, Bob's greatest success came when he ran the half mile as an individual event. During the season, he ran this race a staggering 17 times! When a runner breaks two minutes in the half mile, this is generally regarded as the difference between good and very good. Bob's average time for all those half miles was 1:59.7. At the county championships, Bob won in a time of 1:56.8. The next week, at the state sectional, he ran the same time but finished second by an eyelash. At the State Group IV championships, Bob faced the deepest and best competition of the season. In a race for the ages, two athletes from Kennedy HS came to the finish line together. The winner was from Kennedy, but Willingboro not Iselin. Bob had set the school record for the 880yd run with a fine 1:55.1, but he had lost by .1 of a second. Calamity struck at the Meet of Champions, as

Bob, in lane one, was stampeded by the rest of the 25 runners as the race started. Knocked into the infield, he made his way back onto the track trailing the entire field. However, he continued to compete, ran a very strong race and managed to finish a respectable sixth but was left wondering what might have been.

Adding to his individual successes, Bob was a member of four school record-setting relay teams: the 2-mile, 4-mile, distance medley and sprint medley relays. It was on a relay leg that Bob recorded his personal best time of 1:54.6 in the half mile. Coach Bingham stated that "in both quantity and quality, Bob Burlage's senior year has to rank as one of the greatest in Kennedy track and cross-country history."

Bob went on to Rutgers University and competed in cross-country, winter and spring track for two years for the Scarlet Knights. He graduated with a degree in Biology but did not stop there. He went on to earn Master's degrees from both Duquesne and Columbia Universities. Next, he earned his doctorate in microbiology from the University of Tennessee-Knoxville in 1990. Bob received a post-doctoral appointment at Oak Ridge National Laboratory and eventually joined that organization as a staff scientist. In 2001, he joined the faculty of the College of Health Sciences at the University of Wisconsin-Milwaukee. While there, he served as graduate coordinator and eventually as department chair. In 2011, Bob moved on to Concordia University in Mequon, Wisconsin where he joined the staff at the newly formed School of Pharmacy. Currently, he is a full professor and the chair of the Department of Pharmaceutical and Administrative Sciences at Concordia as well as the faculty chair of the university. The author of over 80 scientific articles and two textbooks, Bob has given more than 100 presentations and holds one U.S. patent. His research interests involve bacterial molecular biology and have ranged from the biodegradation of hazardous waste to detection of explosive compounds to his current work in the pathogenicity of Salmonella.

Bob and his wife, Karen, celebrated their 30th wedding anniversary this year and have three adult children: Austin, Elaina and Alison. They live in Brookfield, WI and are members of Elmbrook Church.

The DOCTOR IS IN... the Woodbridge Township Athletic Alumni Association Hall of Fame!! Congratulations Bob.





DAVID CASSELLA CLASS OF 1979



David Casella was a 1979 graduate of John F. Kennedy High School where he competed athletically in both basketball and baseball, earning four varsity letters, one in basketball and three in baseball.

David had an outstanding senior year, excelling in both basketball and baseball. In basketball, David was a co-captain and possessed a deadly outside shot. He averaged 18.2 points per game (363 points) without a three point line, one of the highest in the County while being named All-County third team by The News Tribune and The Daily News. This outstanding play had several Division III schools recruiting him to play there.

Although David had a great basketball season his accomplishments in baseball were second to none. David was a co-captain, Star Ledger First Team All-State at DH and one of only ten players selected, First Team All-Area, by The News Tribune, and First Team All-County by The Star Ledger and Daily News. He was named to play in the Coaches State All-Star game at Princeton University. Head coach Lou "Buzzy" Estok along with other Middlesex County coaches stated that he was by far the best hitter they saw all season. David's statistics for the season prove that the coaches knew what they were talking about. His batting average was a tremendous .558, one of the highest in the State and 100 points higher than anyone in the County. "He hits safely in 16 straight games, coaxed 24 walks, and scored 27 times. Twelve of the quick-wristed free swinger's 38 hits went for extra-bases." (Source: *The Star Ledger*) FDU-Teaneck, a Division I school offered him, a scholarship to play baseball which he accepted.

David was also an honor roll student his junior and senior years at Kennedy and transferred from FDU-Teaneck to Middlesex County College for his degree and to play baseball. In his sophomore season, David batted .340 with a school record of eight triples and was named First Team All-Region XIX which consisted of all junior college teams in the tri-state area.

David's favorite player was Bobby Bonds. His proudest moment came in the Edison basketball game when he scored 33 points on 13/16 marksmanship. JFK upset Edison that night. David credited his father, Rocco, for "helping me since I was young and for coming to all my games." (Source: *The Star Ledger*, Peter Wolf.)

David resides in North Brunswick, New Jersey, with his son Derek and daughter Lauren. He is currently retired from the mortgage business.

The WTAAA welcomes David Cassella to our Hall of Fame. CONGRATULATIONS!





ANN CYRANA CLASS OF 1983



... And the beat goes on!!! Since the Hall of Fame's revival in 2015, the committee has inducted six women from JFK who earned varsity letters in three sports. Ann Cyrana joins that select company as lucky #7!

Playing soccer, basketball and softball for the Mustangs, Ann captained all three teams in her senior year. As a fullback and goalie, she earned three varsity letters in soccer. Hall of Fame coach Marie Gardner used two words to describe Ann: "consistent and positive." Coach Gardner elaborated, stating that Ann was "a fine student, a fine soccer goalie and a fine assistant coach. She always looked for the best in any situation and always with that wonderful smile. It was a privilege to be her teacher, coach and fellow coach."

Ann played basketball (2 varsity letters) for another Hall of Fame coach, Sue Williams. Coach Williams expressed similar thoughts on Ann.

"Ann was an outstanding athlete and the consummate teammate. She possessed a wonderful work ethic... always giving the maximum effort to excel. She was willing to play any role on the team and competed with enthusiasm, heart and a contagious smile. With a 'we before me' attitude, Ann was a coach's dream."

Years later, Ann worked as an assistant coach under both Marie Gardner and Sue Williams. She helped coach the Mustangs to four division championships - three in soccer and one in basketball.

Ann achieved her greatest success as a player while a member of the softball team. Earning three varsity letters, she was a 2-year starter in leftfield and played a key role in two championship seasons. 1982 and 1983 saw the Mustangs go 42-6 while winning the Middlesex County Athletic Conference and the Liberty Division in the Bicentennial Athletic Conference. Ann capped off a terrific 2-year run, as she was instrumental in helping JFK defeat "real world" softball power, Edison, to win the Middlesex County Tournament. While some teammates may have received more headlines, Ann's contributions were not unnoticed. Longtime coach and NY Daily News contributor, Don Fadden wrote that "Lisa DaCruz (HOF) and Ann Cyrana were "the best one-two punch in Middlesex County." The News Tribune, in previewing the 1983 MCT, stated that Ann was "simply the best in leftfield." Many others agreed. In

1982 and 1983, Ann was 1st team all-conference, 1st team all-county (TNT, Home News, Coaches and 2nd team Star Ledger) and all-state Group III (1st team in '82 and 2nd team in '83). Ann finished her career with a .413 batting average (.430 as a starter), 64 runs batted in and an amazing statistic of just 2 strikeouts in over 200 plate appearances!

Ann graduated from Rutgers University and played fall softball for Coach Pat Willis as a sophomore. But by this time, softball had taken a back seat to her education, a job and her volunteer work with the youth group at St. Cecelia's Church. She earned her degree in Health and Physical Education/ Sports Studies in 1988. Ann then began her career in Woodbridge Township, first as a substitute teacher... eventually landing a full-time position at Colonia HS. Besides assistant coaching at JFK, Ann also was an assistant at Colonia to Elaine Sienkiewicz and Tom Chmiel (HOF) in basketball, to Lou Urbano in girls' soccer and Kay Kirby (HOF) in boys' soccer and to Ben LaSala in softball. In fact, Ann has been with Patriot softball since 1993 - 9 years as an assistant and 18 seasons as the varsity coach. Leading the team to a division title in 2005 and the GMCT championship in 2006, Ann was recognized as the county Coach of the Year in 2006 and the NJ Scholastic Coaches Association sectional coach of the year in 2017-18. She surpassed the 200 win total in 2018.

Growing up in Menlo Park Terrace, Ann was the youngest of five children. She has always had strong support from her family... starting with her parents, Matt and Bunny, and extending to her four brothers: Joe, Tom, Mark and Matt. It would be a rare occasion for Ann to play or coach and not have a family member present. For family, friends and anyone in Ann's orbit, she is beyond generous with her time and her talent.

Nancy Cuntala (HOF) has known Ann for over 38 years, initially as her softball coach and teacher at Kennedy and later as an opposing coach in many Mustang-Patriot battles. Coach Cuntala stated that "then and now, Ann makes a commitment to her team and displays desire, determination, dignity and character... that's what Ann Cyrana has always been about, both on and off the field."

Ann's teaching and coaching career is deeply tied to Colonia HS but in the WTAAA Hall of Fame, she is once again and forever a Mustang. Welcome and congratulations, Ann Cyrana.



EDMUND “ETZ” ETZOLD CLASS OF 1975



Edmund “Etz” Etzold is considered one of the best, if not the best, defensive basketball center in school history. Coach Joe Flaherty called him “the backbone of our defense”, but he was also the enforcer, intimidator, and protector of the 1975 WHS Group IV State Championship Basketball Team. With his toughness and passion, he provided confidence and a significant presence in the middle to compete against the best teams in New Jersey at that time: Essex Catholic, Perth Amboy, Trenton, Camden, and Paterson Eastside. The Barrons were considered the best defensive team in the state during the 1974-1975 season: giving up 40 ppg, while averaging 61ppg. No team scored more than 58 points. The team had two “shut out” quarters where opposing teams did not score a single point.

Coach Flaherty noted in reflection after the season ended, “Etzold makes the defense go. At 6'7" 215 lbs. runs like a deer; Exceptional agility; Super team player; Covers the court on defense. In our complex combination zone defense, Etz played center, but covered the wings and trapped in the corners. He was fast, tenacious, extremely competitive, and never backed down from competition”.

Etz set more screens for Mark DiDonna and Richie Kazimir in our offense which allowed them and Randy Adleman to be the key scorers. He was also critical in our breaking opposing team's press. Whenever we had trouble getting the ball in bounds, Etz would circle back into the center of the court, where we would throw him high passes, which because of his exceptional leaping abilities, was an easy catch for him. He would then hand back the ball and head up court to do the dirty work that is not reflected in personal stats, but rather in the Won-Lost column.

It is fact that the Barrons never lost a home game during the three years that they played together and never lost a game when the starting five began a game. Etz did not play against Perth Amboy in the Middlesex County Championship game due to a fluke

ankle injury suffered the night in a practice walk through. The Barrons lost in overtime in what is considered one of the greatest finals in tournament history. If there is an example that highlights the importance of Etz to this team, that game describes it. Afterwards, the team was devastated. Team Captain Tim Olah recalls Coach Z taping up Etz's ankle on the bus on way to the first game of the State Tournament. “Speaking calmly and jokingly, Coach kept us loose and focused. Etz played against Piscataway and JP Stevens, and then exploded for 17 points in 16 minutes against Edison. We had our defensive foundation back at center, our confidence grew enormously, and the rest is history. We beat Trenton, Camden, jumping out to a 16-0 lead, and then Paterson Eastside for the Group IV State Championship”. Etz was voted “Mr. Hustle and Determination” by the team.

Among the schools recruiting him during the 1975 season were Delaware, Albright, and King's College. Etz chose to attend King's College in Pennsylvania where he was a 4-year varsity letterman, but whose career was shortened by injuries his senior year.

After college, Etz became a successful small business owner as President of Etzold's Cleaners INC until 2005 when he retired and now resides in Lavallette, NJ. He is married to Patricia Terrano (WHS Class of 1977 and a cheerleader for the Barrons). Together, they raised four sons (Dominic, Christopher, Anthony, and Nicholas) who are all married and have six grandchildren between them.

Etz's career warrants induction to the WHS HOF as an outstanding defensive specialist and rebounder, but also as a consummate unselfish teammate. He rightfully joins Olah, DiDonna, and Adleman in the Woodbridge Township Hall of Fame. His father is also in the WHS HOF as a football standout.

The 1975 team played one game without him and lost. The team does not win without Edmund “Etz” Etzold, the best defensive basketball center in Woodbridge High School history. The WTAA welcomes "Etz" to our Hall of Fame. CONGRATULATIONS!



KATHY FLICEK DEINLEIN CLASS OF 1978



With the passage of Title IX in 1972, female athletes were finally afforded opportunities to participate in a full range of interscholastic sports. By the mid '70s, Colonia High School had developed several talented performers especially in track and field.

One of those early top female athletes was a young lady named Kathy Flicek. Basketball was her best sport, but she also enjoyed softball and track and field.

Kathy starred as a three year varsity starter on the hardwood and became the first girl at Colonia to score a thousand points (1024). This was ten years before the three point shot was accepted. Amazing! She reached the milestone in a late season game vs. JFK (2/25/78). She also scored 38 points in a shootout vs All Stater Rhonda Rompola of Sayreville. Kathy played for head coach Tina Lakata and assistant coach Frank Malardie. After her junior year (1977), she was named 2nd team All MCAC by all the head coaches. Following her senior year (1978), she was named 1st team All MCAC also by the head coaches. (Note: The News Tribune and The Star Ledger did not select MC all county female teams in those seasons according to our research.) Kathy's 1,024 points remained the school standard until Tiffany McDaniel broke her record in February, 2007. Today, when you visit the CHS gym, you will see Kathy's scoring banner on the wall with all the other 1,000+ point scorers in the school's hoops history.

In softball, Kathy played on the varsity as a sophomore pitcher/outfielder. However, since she knew that she would be playing travel ball in the summer, she decided to participate in track and field her junior and senior years at CHS for head coach Frank Malardie. In this sport,

and as a team captain, she helped to establish then school records in the long jump at 16'7", 440 meter relay, mile relay and the shuttle hurdles relay. Team wise, she participated on two championship teams in 1977. The Lady Pats captured the Middlesex County Relays and MCAC Relays. Kathy was on the 1st place 440 shuttle hurdles relay and 1st place sprint medley relay meet record (4:30.9).

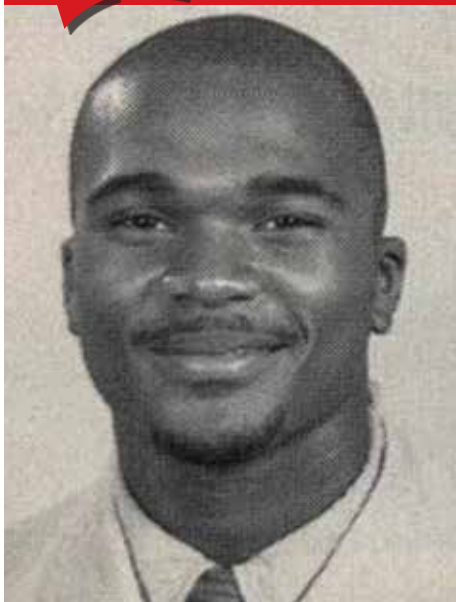
Kathy was an all-around student at CHS. She also participated in yearbook for WTAAA HOF coach and current VP Sandy Schmidtke, concert band and marching band. Based on all of her activities, Kathy was recognized as an All American student for the year 1977-1978.

Following high school graduation, Kathy enrolled at Montclair State College. She graduated in 1982 with a degree in Physical Education. Since she needed to work, Kathy did not participate in college sports. In 1994, she obtained certification in alcohol and drug counseling from Chippewa Valley Technical College in Eau Claire, Wisconsin. Since she was still motivated to learn, Kathy earned her masters degree in art therapy from Mount Mary College.

Today, Kathy Flicek Deinlein is an activity director at an assisted living facility in Wisconsin. She has one son named Edwin (32). Her husband's name is Roger. Together, they run Evergreen Pet Care, a boarding kennel for dogs and cats where she also grooms dogs. Finally, Kathy volunteers at a wildlife center at the Dane County Humane Society for birds and raptors. She has a vibrant personality with interest in many different areas. Kathy, we are pleased to welcome you to the WTAAA Hall of Fame. CONGRATULATIONS!



KEITH HEMMINGS, JR. CLASS OF 1999



Throughout the long and storied history (1924) of Woodbridge High School football, the offensive end, wide receiver, split end, and defensive end positions have featured some of the most honored players the school has ever produced. Most were All State/All Group selections by state-wide newspapers and/or 1st Team All County picks. Many played college football at Division 1A (now FBS) or 1AA universities (now Football Championship Subdivision or FCS). Ten are members of the WTAAA Hall of Fame. Tonight, we are very pleased to induct perhaps the greatest receiver among this outstanding group.

Keith Hemmings, from Keasbey, 6'1" 195 lbs., was a three year varsity starter in 1996, 1997, and 1998 for Coach Bill Nyers and was a major contributor on the 1997 Central Jersey Group IV Sectional Championship team. (9-2) The Barrons were ranked 12th in the final Star Ledger Top 20 poll.

In 1996, as a sophomore, Keith was a 2nd team Star Ledger All County pick. In 1997, as a junior, he was named 2nd team Star Ledger All State/ All Groups and 3rd team Associated Press All State. He was also selected as Middlesex County Offensive Player of the Year by The Star Ledger as well as a 1st team All County pick by The Star Ledger and The Home News Tribune. He was honored at the third New Jersey Football Coaches Association's Super 100 All State banquet with his q.b., Shawn McGrath. Coach Nyers said the following, "Keith likes a challenge and looks forward to the tough matchups. He learns something from every opponent. He speaks up during games and knows how to make adjustments on routes if a defender keeps playing him the same way." (Source: *Home News Tribune*—Dec. 21, 1997) Coach Nyers also stated that "Keith is very unselfish, a real good downfield blocker. He consistently ran his patterns and either made his block or ran somebody off." Guy Kipp, Star Ledger writer, noted "Hemmings has long strides, a big wingspan, and lots of leaping ability. He is graceful, acrobatic, and a difficult matchup." (Source: *The Star Ledger*, Guy Kipp, Dec. 11, 1997, p.72.)

In 1998, despite playing some quarterback out of necessity, he was named 1st team All County by The Star Ledger and The Home News Tribune. Coach Nyers stated "he is a phenomenal player, an outstanding athlete, and tough as nails mentally and physically." In 1999, he represented WHS in the North vs. South All Star Game. He caught two fourth quarter TD's to lead his South team to a 22-19 come from behind victory including the game winning score with 1:55 remaining. Overall, he caught eight passes for 150 yards in the game. Finally, on January 1, 2000, Keith received his greatest honor. He was selected to The Home News Tribune Middlesex County "All-Century Team" at wide receiver by Paul Franklin. Keith also played basketball at WHS and was a three

year honorable mention selection by the Home News Tribune.

Twenty years later, Keith remains on the WHS milestone lists in five receiving categories:

1. Still holds school record for "most total touchdown receptions in a career"—20
2. Still holds school record for "most yards on pass receptions in a career"—2,011
3. Still tied for 2nd place for "most total touchdown receptions in a game"—1998—3 vs Old Bridge
4. Still 2nd for "most total touchdown receptions in a season"—1997—11
5. Still tied for 8th place "most total touchdowns in a career"—22

Following high school, Keith earned a four year athletic scholarship to Boston College where he played for Coach Tom O'Brien and majored in communications. He played on four teams with winning records, went to four bowl games, and was a member of three Boston College Eagle teams that defeated the Notre Dame Fighting Irish.

Boston College Eagles (Big East Conference)

Year	G	Rec	Yds	Avg	TDs
1999*	1	1	10	10.0	0
2000	11	8	116	14.5	1
2001	11	8	168	21.0	2
2002**	12	41***	559***	13.6****	2
TOTALS:	35	58	853	14.7	5

* injured last 4 games | ** team leader | *** #7 in BE | **** #8 in BE

Team Record & Bowl Games Results

1999 (8-4) - Insight Bowl vs. Colorado; lost, 28-62
 2000 (7-5) - Aloha Bowl vs. Arizona State; won, 31-17
 2001 (8-4) - Music City vs. Georgia; won 20-16
 2002 (9-4) - Motor City vs. Toledo; won 51-25

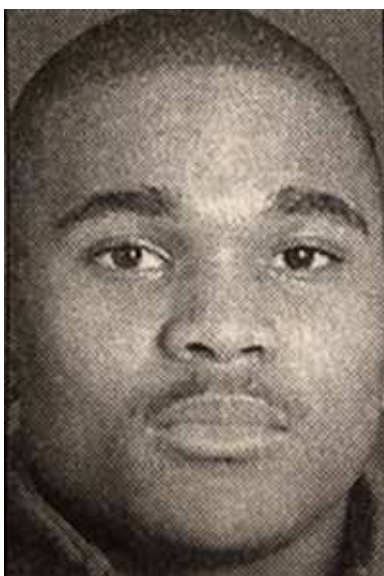
Keith's Four Years were 3-1 vs. Notre Dame-

1999 at Notre Dame; BC won, 31-29
 2000 at Notre Dame; BC lost, 16-28
 2001 Notre Dame; BC won, 21-17*
 2002 at Notre Dame; BC won, 14-7
 (Source: *Sports Reference College FB*, on-line)

On February 2, 2004, the Arena Football Professional league office announced that Boston College alum, Keith Hemmings, had been assigned to the Manchester Wolves in New Hampshire.

Coach Nyers recently had this to say about one of his greatest players; "Keith was extremely graceful. He had the ability to adjust in mid-air. He reminded me of Lynn Swann, poetry in motion."

Today, Keith works for Fox News and lives in Weehawken, N.J. The WTAAA welcomes Keith to the HoF. CONGRATULATIONS!





CARRIE HUZAR BROWN

CLASS OF 1996



In 1995, Carrie enjoyed perhaps the greatest individual softball season in the history of WHS (first season was 1975).

Under the leadership and mentorship of WTAAA Hall of Fame coach, Stew Jago, Carrie's offensive statistics and all-star awards were virtually unmatched by nearly everyone else in the state of New Jersey.

During that outstanding junior season of 1995, Carrie led the state of NJ with 12 homeruns. In 84 at bats, she hit for a .560 average with 47 hits. She had 29 RBI, scored 35 runs and stole 18 bases. Her on base percentage was .628. Defensively, she had a .890 fielding percentage at second base. She led the team to a 15-7 record.

In terms of post-season awards, Carrie was a Star Ledger 1st team All State/All Groups selection, 1st team Group IV, Associated Press 1st team All State, The News Tribune and The Home News All Area 1st team, The Star Ledger All County 1st team, All GMC and All GMC Red Division.

While Carrie's senior year statistics (1996) were not as spectacular, they were still extremely impressive. Teams started pitching more around her. However, Carrie still managed to hit five homeruns. In 66 at bats, she hit for a .455 average on 30 hits. She had 24 RBI, scored 25 runs and stole 17 bases. Her on base percentage was .569. Defensively, she moved to centerfield and had a .882 fielding percentage. Carrie led her team to an 11-9 record.

In terms of post season awards, Carrie was named to the Star Ledger All State/All Groups 3rd team and All Group 4- 3rd team. She was selected to the Associated Press All State 2nd team. Finally, she was named Star Ledger All

County 1st team, Home News Tribune All Area 1st team, All GMC and All GMC Red Division.

Carrie concluded her two year varsity career as one of the most honored players in school history. She left with a .513 career batting average with 17 homeruns, 1 triple, 6 doubles and 53 singles. *(Source: We thank Coach Stew Jago for the statistics above.)*

At WHS, Carrie also played four years of varsity tennis and three years of varsity basketball to demonstrate her overall versatility.

In a recent phone conversation with Coach Jago, he said the following. "Carrie was one of a handful of 1st teamers, I coached. She had great power because of tremendous bat speed and core strength. She was also one of the fastest players I ever coached and was a team player. Well deserved player to the Hall of Fame."

Following high school, Carrie enrolled at Monmouth University. She played three seasons of varsity tennis. As a sophomore, she and her doubles partner, Laura Marchese, compiled an 18-5 record. They advanced to the Northeast Conference "C" Flight Championship round before bowing. They also won the silver medal at the NJ Association of Intercollegiate Athletics for women. Carrie graduated college in three and one-half years in December, 1999.

Today, Carrie lives in Utah with her husband, Jim, and son, Brandon. She is retired as an account director for Children's Miracle Network to devote as much time as possible with Brandon. Her parents, Mike and Helen, still live in Woodbridge Township. Welcome to the WTAAA Hall of Fame, Carrie, and CONGRATULATIONS!



C DAVID KUNTZ CLASS OF 1970



David Kuntz was one of the first preeminent track and field athletes in the history of Colonia High School. Dave entered Colonia High as a sophomore in September 1967 when the school's doors first opened and, teaming with twin brother Dennis, was a significant force in establishing the Patriots as a cross country and track and field power to be reckoned with at the county, conference and state levels. A runner for all seasons, Dave was coached by WTAAA Hall of Fame coaches Harry Brett and Mike Murphy and earned eight (8) varsity letters during his Colonia High School career; two (2) cross country, three (3) winter track and three (3) spring track and garnered numerous individual, relay and team honors.

Cross Country – As a junior, Dave was a consistent top five team finisher for the 1968 Patriot Cross Country team; a squad which amassed a 13-2 dual meet record. Team accomplishments that year included Woodbridge Township champs, a third place finish in the Middlesex County championships, a second place finish in the Greater Central Jersey Conference (GCJC) Group IV Central Division championship, a fourth place finish in the GCJC Group IV championship, and a fifth place finish in the State Group IV championship. Dave's strong finish in the state championship was a significant factor in the Patriot harriers' fifth place finish.

Senior co-captain (with brother Dennis) Dave and the Patriots were even better in the 1969 cross country season. The team recorded an undefeated 15-0 dual meet record and consistently finished in the top 5 of most weekend meets including the Shore Coaches Invitational, the Edison Invitational and the Warinaco Park Turkey Trot. The team was Woodbridge Township champions, finished second in the GCJC Group IV Central Division championships (Dave finished 6th behind Dennis' 3rd), first in the GCJC Group IV conference championship (Dave finished 13th to Dennis' 4th) and first in the Central Jersey Group IV cross country championship (Dave finished 9th to Dennis' 3rd). This was the first Central Jersey Group IV championship in Colonia High School history for any sport. In the State All Groups Cross Country championship, Dave finished 20th behind Dennis' 13th on a tough, wet and narrow Garret Mountain course.

Winter Track – As a sophomore and junior, Dave was a consistent performer in dual meet competition, focusing on the 880 yard run and various relay teams. Dave had a spectacular 880 yard performance at the 1969 Middlesex County individual championships; a photo finish with both runners crashing across the finish line onto the Lawrenceville field house board track. Dave was placed second by the narrowest of margins.

Co-captain Dave had a highly successful senior season highlighted by winning the 880 yard run at the 1970 Middlesex County individual championships. Twin brother Dennis won the mile run on that same day causing some to believe that the same competitor had been victorious in both the 880 and mile run on the same day. On the relay front, Dave was part of the Colonia Sprint Medley relay team (Felton, Mahr, Snediker and Kuntz) that finished 1st in the 1970 Middlesex County Indoor Relays with a time of 3:35.9, a state indoor record and the fastest high school time in the United States for the 1969-1970 indoor season. Dave was also a part of the 4th place mile relay team on that date. Dave was also a member of the 2-mile relay team that finished 2nd at the St. Joseph's of Montvale Relays.

Spring Track – Dave's sophomore spring track season was when Dave began to emerge as an elite distance runner. During the spring 1968 campaign, Dave finished in 4th place in the 880 yard run at the Middlesex County Individual championships, 1st place in the 880 yard run at the GCJC Group IV Central Division meet and 3rd place in the 880 yard run at the GCJC Group IV championships. On the relay front, Dave was part of the 1st place mile relay team (Peters, Burns, Pavuk and Kuntz) at the Middlesex County Championships and was part of the 3rd place 2-mile relay team (Cook, Lyness, Pavuk and Kuntz) at the Colonial Relays at William and Mary College in Virginia.

Dave's junior spring track season was even better. Individually, Dave finished in 4th place in the 880 yard run at the Middlesex County Individual championships, 1st place in the 880 yard run at the 1969 GCJC Group IV Central Division championships and 1st place in the GCJC Group IV conference championships. On the relay front, Dave was part of the 1st place mile relay team (Kuntz, Pavuk, Burns, Kuntz) at the 1969 Middlesex County Relays, the 1st place 2-mile relay team (Heruska, Dembowski, Peterson, Kuntz) at the GCJC Conference Relays, the 1st place 2-mile relay team (Pavuk, Kuntz, Confer, Kuntz) at the St. Joseph's Montvale Relays, and the 1st place distance medley relay teams at the Colonial and Emory Relays.

Co-captain Dave's success continued as a senior as he switched to the 440 yard run as his primary event. During the spring 1970 campaign, Dave finished 4th in the 440 yard run at the Middlesex County Individual championships, 1st in the 440 yard run at the 1969 GCJC Group IV Central Division championships, 2nd place in 440 yard run at the GCJC Group IV conference championships and 3rd in the 440 yard run at the NJSIAA Group IV state sectionals. On the relay front, Dave was part of a mile relay team (Kuntz, Papernik, Felton, Kuntz) that finished 1st at the Highland Park Relays, the Colonial Relays at William and Mary in Virginia, set a school record at the Penn Relays and finished 3rd at the Eastern States Invitational. Dave was also part of a mile relay team (Mahr, Kuntz, Papernik, Felton) that finished 1st at the GCJC Group IV Central Division championships, GCJC Group IV Conference championships, GCJC Group IV Conference Relays, the Middlesex County Individual championships and the Middlesex County Relays. This mile relay team also finished 2nd in the NJSIAA Group IV State Sectionals and won the State Group IV Mile Relay championship. Dave was part of a Sprint Medley Relay team (Felton, Kuntz, Mahr, Kuntz) that finished 1st at the GCJC Conference Relay championship, setting a new record, and 2nd at the Middlesex County Relays. Dave was a part of the Patriots' 2-mile relay team that finished 2nd at the St. Joseph's Montvale Relays and 3rd place at the Colonial Relays at William and Mary College in Virginia.

Dave was the 1970 Middlesex County Coaches Association Scholar Athlete representative from Colonia High School.

Dave and Dennis continued their running careers at NYU where they were four year varsity award winners in cross country, indoor and outdoor track; 12 letters in all. They were regular participants on key indoor and outdoor relay teams, participating at the Millrose Games, U.S. Olympic Invitational, Penn Relays and IC4A/NCAA Championships.

After graduation from NYU in 1974, Dave had a 35 year career in the automotive industry, working for several manufacturers including Ford, Nissan, Honda, Mitsubishi and JD Power and Associates. In 2009 Dave moved to avionics, working for 10 years at Panasonic Avionics Corporation, retiring in August 2019.

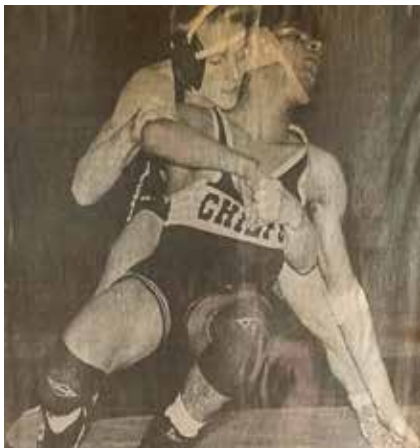
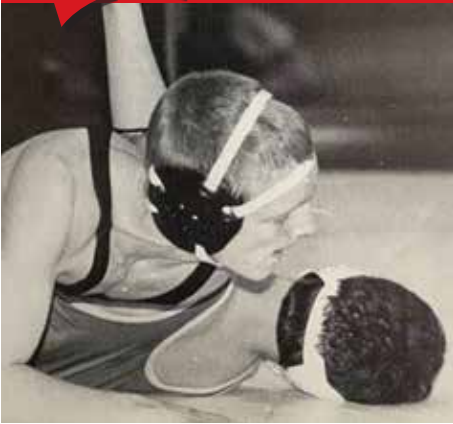
Dave has been married for 43 years to the former Cynthia L. Becker, also from Colonia. They have lived in Huntington Beach, California since 1988, have three children and four grandchildren split between two coasts, with whom they expect to spend a good portion of their retirement. Dave is active in the Southern California running community where he serves as the president of one of the largest running clubs in the Los Angeles area, competes in marathons and half marathons (Dave is running in the Long Beach Marathon on the day of the WTAAA Hall of Fame banquet) and works on the production of some of the major road races in the Southern California area. He works with charity foundations that use road races as a way of fundraising to combat childhood obesity through programs in local elementary schools and another that provides support to the families of children in the care of a large pediatric cancer center in the Southern California area.

David Kuntz, the WTAAA welcomes you to our Hall of Fame. CONGRATULATIONS!





JOHN W. NOVAK, JR. CLASS OF 1991



John, Jr. & John, Sr.

John was the other half of the Barron's dynamic duo in 1991 with fellow inductee, Ed Paladino. Under coaches Ben LaSala for three years and Gary Kuzniak, for one, in 1991, the Barron mat program gained competitive prominence. Assistant coaches included Dr. Robert Zega, now Superintendent of Schools, and Cesar Samaniego. As a four-year letter winner and team captain for three years, John was a major reason for the team's growth and success.

In 1991, John reached championship status. He won titles at the Greater Middlesex Conference, 13-4 in OT, District 19 and Voorhees tournaments at 125 pounds. At District 19, he was named "outstanding wrestler". He entered the Region 5 tournament as the #1 seed and finished in third place. Although he was obviously disappointed, John still qualified for States. He regrouped and scored two wins at the New Jersey State Tournament at Princeton University to become a State place-winner (7th).

As a team co-captain in 1991, John's senior year record was a very impressive 31-4-1. At the time, he held the school record with 310 career team points and was second in career wins with 68, just below WTAAA Hall of Famer, Bob Murphy's 82 wins. (Note- wrestlers back then did not wrestle as much as they do now)

At the conclusion of the 1991 season, John was named 1st team All Area at 125 pounds by The News Tribune, All Red Division and All GMC. The TNT wrote that John "was hardworking, and extremely tough". Coach Kuzniak stated in 1991 that "John is a

consummate wrestler. His overall ability is top level". Team wise, Woodbridge took second place again at District 19 with 116.5 points and John contributed considerably to four Barron varsity teams with winning records.

John also participated in soccer at WHS for coaches Sam Sabaliauskas and Lou Urbano for two seasons each. He earned three letters and again was a captain for three seasons. In a dramatic victory, John scored with less than a minute left to give the Barrons a 2-1 victory over Colonia.

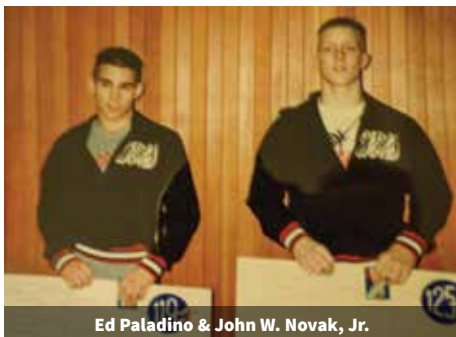
Following high school, John wrestled for two years at Kean College (now University) until he endured a career ending elbow injury vs Drexel University. He also wrestled for two years on Team New Jersey and helped to represent the Garden State in a team tournament in Atlanta, Georgia.

Today, John lives in Beachwood, N.J., with his wife Kelly and son John Matthew. He is self employed as co-owner of All Jersey Mechanical and Construction a plumbing company in Cliffwood, N.J. John would like to credit his dad, John William Sr., for his athletic success and for following and driving him to all his sporting events growing up. Sadly, John's dad passed in September, 2018, and his mother, Rose, passed in 2008. To honor his parents and especially his very supportive dad, John Jr. left an open seat at his table tonight because he knows his father is looking down and smiling.

The WTAAA is pleased to welcome John W. Novak Jr. to our Hall of Fame.

CONGRATULATIONS!

ED PALADINO CLASS OF 1991



Following a relatively late developing start to his WHS wrestling career, Ed became a championship caliber star in his junior year. In 1990, under coach Ben LaSala, Ed won the first of two District 19 titles and was 2nd team All County at 112 pounds. Then, in 1991, under a new coach, Gary Kuzniak, he really raised his level of competitive success. Ed won the Voorhees and Woodbridge Tournaments, and his second consecutive District title at 119 pounds. Further, he captured a Greater Middlesex Conference Championship and was named “outstanding wrestler” of the tournament following a come from behind 5-4 win. Ed did not stop here. He went on to win the Region 5 championship at 119 pounds and qualified for the New Jersey State Tournament.

At Princeton University, Ed became WHS’s first state place winner. He captured the 5/6th place medal at 119 pounds. Coach Kuzniak said recently, “Ed would have been state champion if he did not injure his knee in the second period of the semi finals. He wrestled the third period on one leg and lost 7-11. The state runner up was a wrestler from Piscataway who Ed defeated three times during the season”. In 1991, Coach Kuzniak said, “Ed Paladino is tenacious. He won’t permit himself to be bad. He is the hardest working kid I have ever had”.

Career wise, Ed compiled a 58-6-2 record including an outstanding mark of 31-1-1 senior year and was named 1st team All Area by The News Tribune. Team wise, he wrestled on four winning Barron teams with records of 9-5, 15-2 and 9-8 under Coach LaSala and 11-4 under Coach Kuzniak. In 1990, the team finished second in District 19 with Ed and fellow inductee John W. Novak Jr. leading the charge.

Following high school graduation, Ed continued his career at Middlesex County College where he became an All American in 1992. After M.C.C., Ed moved on to Missouri Valley College from 1996-1999. While he was there, the program won two N.A.I.A team National Championships.

Away from college competition, Ed, in 1992, was a member of the NJCAA USA freestyle wrestling team that visited Europe. In 1996, he competed in the United States freestyle-wrestling Nationals. In October, 2015, he competed in the world wrestling championships in Athens, Greece. He represented the USA veteran’s world freestyle and Greco team at 69kg. In 2016, Ed captured the bronze medal at 63 kg for the USA world veteran’s freestyle team.

Today, Ed lives in Alpharetta, Georgia, with his two boys, Jacob and Christian. He is the founder of “Athletes for Children”, a 501(c)3 foundation. The goal of the organization is to help children with Autism by emphasizing athletics. He is also assistant wrestling coach at Chattahoochee High School. Prior to this position, Ed was Director of Wrestling at Alpharetta High School.

Ed’s wrestling career has taken him on a long journey. He went from the JV level in high school to a NJ State caliber star, to a junior college All American, to a national and international level athlete who has traveled the world and now is the founder of a 501(c)3 for children with Autism. This is what courage, perseverance, commitment and dedication can accomplish. The WTAA welcomes Ed Paladino to our Hall of Fame. CONGRATULATIONS!



FRANK RUGGIERO CLASS OF 1979



Frank Ruggiero was a 1979 graduate of John F. Kennedy High School where he competed athletically in both football and baseball, earning six varsity letters, three in football and three in baseball.

Frank was All-County his junior year in football as a nose tackle and also in baseball as a catcher where he led all catchers in the County with three homeruns including a grand slam against Woodbridge.

Frank had an outstanding senior year in which he was co-captain of the 1978 Central Jersey Group III State champion football team (8-3) for WTAAA Hall of Fame coach, Cary Hamrah. He was a two-way starter at linebacker and tailback in which he blocked very well and ran for close to 500 yards. Frank was named All-County for the second year in a row and enjoyed a career game in a win over Somerville in the State playoffs in which he ran for 117 yards and had an interception on the defensive side of the ball. Frank was named All-County for the second year in a row in baseball as an outfielder and was also a co-captain of the team for coach Lou "Buzzy" Estok.

Frank also excelled in the classroom in which he was named Middlesex County Scholar Athlete in 1979 by The News Tribune. He also was named to the National Honor Society and

was an honor roll student.

Due to his play on the football field, Frank was recruited by Princeton University but decided to continue his academics at Stevens Institute of Technology. Frank spent three years at Stevens and had a fantastic baseball career. He finished his degree at Rutgers University.

Although Frank had a great high school career, he saved his best for his college career. Frank was named All Independent Athletic Conference as a catcher in 1980, 1981, and 1982 for coach Wally Whittaker. He hit .357, .313, and .288 respectively while breaking the school runs batted in record of 16 his junior year. He was named to the All-Decade Independent Athletic Conference team for the years 1974 to 1982. He was selected for the NJCBA north vs south all star game in 1982. *(Source: Stevens Tech. baseball record book, on-line)*

Frank still resides in Iselin with his wife Jennifer. He has four children; Jonathan, Robert, Christopher and Mary. He has three grandchildren; James, Emilia Joy and Milo. Frank is a math teacher and the assistant golf coach of the boys and girls teams at Metuchen High School.

The WTAAA welcomes Frank Ruggiero to our WTAAA Hall of Fame. CONGRATULATIONS!



BRIAN RUSSO CLASS OF 1996



The Woodbridge Barrons football program has always had a reputation for having some of the toughest fullbacks in the state. At the conclusion of the '95 season, senior Brian Russo would be added to that list. A 3-time varsity letter winner for the Barrons football program and a 2-time letter winner for the Barrons wrestling program, Brian was athletically a combination of strength, quickness and tenacity. 25 years after his playing days, his coach, the legendary Bill Nyers still considers Brian "the best fullback I ever coached ANYWHERE." Coming from a coach that spent time in several successful programs including Union, Plainfield and Kean University that is quite the compliment. Nyers would go on to say that "Brian had the quickest get off I have ever seen"

It was because of that quick "get off" that Brian would see significant action in his sophomore season, a season that ended with the Barrons winning the State Championship. At the conclusion of his junior campaign, Brian would be awarded the prestigious Tommy Thompson Defensive MVP. Brian did not disappoint during his senior season when he was named 1st Team All Red Division and 1st Team Star Ledger All County in 1995. Brian was also awarded the Cary Hamrah Leadership Award and was a participant in Snapple Bowl III.

Upon entering Woodbridge High, Brian did not initially try out for wrestling because he loved to play basketball. Brian spent two seasons playing basketball for Hall of Fame Coach Lou Urbano and Coach Dr. Bob Zega. Though Brian was a decent basketball player, Coach Nyers saw an opportunity for him on the wrestling team in the 215 lb slot and encouraged Brian to try out. Brian's dad would say referring to his son's basketball skills "they knew better". It was a great decision because in only 2 years Brian earned 2 varsity letters and in the '95-'96 season he would finish 1st Place in the District's, 3rd Place in GMC's and at the regional competition Brian would bring home

the gold and was named the '95-'96 Regional V Champion. The regional championship earned him a trip to Atlantic City where he would be a Top 12 Finisher.

Brian earned a scholarship to play defensive lineman for the great Walt Hamline at Wagner College. At Wagner, Brian would start 40 of 41 games and would be named in 1999 1st Team All Northeast Conference Defensive Lineman. He would also be named to the prestigious Don Hansen 1999 All American Team. In 1999, Brian would also receive the NIT Student Athlete Award at Madison Square Garden. In 2000, Brian was named team captain for a second season and was named 2nd Team All Northeast Conference and a 2nd Team Lutheran Brotherhood All American. Brian was also awarded the Iron Horse Award, a 4 Year Dr. Mazzei Award for Scholastic Excellence and Achievement. Coach Hamline would refer to Brian as "a great talent but equally a great student athlete and person."

Presently, Brian is a teacher at Iselin Middle School. He is also the head football coach at Rahway High School, a position he held at Woodbridge High School until 2011. His overall coaching record is 76-61. His teams have qualified for playoffs in 9 of 12 years, made 4 Semi Final appearances and last year he was named the 2018 Mountain Division Coach of the Year after qualifying for the state finals. Brian is still working on his jump shot and spends his mornings twice a week playing pickup basketball with many of his teaching colleagues, local hoopsters and former players. Brian is "humbled, honored and thankful to have been a part of the Woodbridge High School athletic tradition. A place where I have made meaningful memories and some lifelong friends."

Brian and his wife Heather presently live in Sewaren where they are raising their children Kaylee and Sean. The WTAAA welcomes Brian to the Hall of Fame. CONGRATULATIONS!



ROBERT "BOBBY" TIMINSKI

CLASS OF 1990



Bobby concentrated on basketball and what a player he turned out to be. His career began at St. Joseph in Metuchen. After two years there, he and his family made the decision to transfer back to his hometown high school in Colonia.

At CHS, he played for WTAAA Hall of Famers Bob Tisdale and Jack Kreiger. In only two seasons, Bobby scored a then school record 1,112 points (1988-1990). Over the two seasons, he averaged 22.6 points per game (49 games). As of 2019, he still holds the school's single game scoring record with 44 points. He scored double figures in every game. The Pats (20-7), reached the CJ Group II final before losing a heartbreaker to South Plainfield 61-62.

Bobby was The Star Ledger Boy Athlete of the Week on 12/21/88. In 1990, he was all GMC 1st team; All county 1st team by The Star Ledger, Elizabeth Daily Journal and The Star Ledger Group II. He was also selected to the GMC Tournament 1st team and named MVP. He played on a gold medal winning team at the Garden State Games.

Following high school graduation, Bobby played at Saint Anselm College in Manchester, New Hampshire, from 1990-1994 under coach Keith Dickson. For the Hawks, he scored 1325 points. The total was 7th all time in school history upon his graduation. He was named 1st team All New England 10 Conference in 1994; 1st team All New England, Division II, in 1994, NABC All American- Honorable Mention, NE-10 player of the week-8 times, and NE-10 All time leading 3 point shooter in conference history (.472%- as of 2017) which was still the schools high. Bobby led the nation in 3 point shooting in Division II 1993-1994. He made a school record of 104 three pointers in 1993-94. He was invited to participate in Sprint NCAA 3 point competition at the 1994 Final 4 in Charlotte, N.C. He was a member of the NE-10 Tournament Championship Team. He played in two NCAA Division II National Tournaments. Finally, he was awarded the school's Al Grenert Coaches

Award in 1993 and 1994. (We thank Joe Ward, athletic director at WHS, for the above nomination information).

Former coach Jack Kreiger recently stated that Bobby was "an outstanding, clutch player and leader. He was a tremendous competitor and a good person. He worked hard and had the respect of everyone."

Saint Anselm College Milestone Lists as of 2019

1,000 Points - 21st - **1,325**
 3-point FG % (career) - 1st - **.472** (250-530)
 3 point FG made (career) - 8th - **250** made
 3-point FG made (season) - 3rd - **104** made
 3-point FG % (season) - 4th - **.486**
 3-point FG made (game) - 2nd (tied) - 9 at Stonehill (1/22/94)

Bobby led the team in scoring with 469 points in 1992-93 and with 437 points in 1993-94. (Source: *Saint Anselm College Basketball Record Book, 2019, on-line*)

Today, Bobby lives in Woodbridge with his wife, Heidi Waterman Timinski, and daughters Brooke(19), Bailey(15) and Bobbi Jo(9). His parents, Jane and Bob, live in Port Reading. Bobby is WHS girls basketball and cross country coach. In addition, he is co-owner of the Basketball Warehouse in Edison with his brother Mark. Recently, Bobby was appointed Director of Woodbridge Township Recreation Basketball.

Dramatically, on January 23, 1990, Bobby scored his 1,000th point versus New Brunswick. Exactly 28 years later on January 23, 2018, his daughter Brooke scored her 1,000 point at WHS versus New Brunswick.

Bob's wife, Heidi, was an All State athlete in field hockey, basketball and softball for Shore Regional where she graduated in 1991. She went on to the University of Virginia and played field hockey and basketball. Heidi is employed in the family owned businesses at Central Jersey Home Furnishings and All American Reglazers in Edison.

Bobby Timinski, welcome to the WTAAA Hall of Fame. CONGRATULATIONS!





ROBERT "BOB" URBANIK CLASS OF 1985



Bob was a member of the basketball and baseball teams at CHS. In basketball, he was a three year varsity starter for WTAAA Hall of Fame Coaches Bob Tisdale and Jack Kreiger during the 1983, 1984, 1985 seasons. In 1984, a veteran CHS team finished 21-3 and captured the MCAC championship (one large division). Senior year was another big season for Bob and a young Pat's team. He was team captain and the lone returning starter. The Patriots finished 22-5 and captured the Central Jersey Group III Sectional Championship with a 53-51 victory over Franklin. The team also won the BGA Holiday Tournament with an 84 -65 win over the host school. The Pats did not lose a home game junior and senior season. Bob was selected 2nd team Star Ledger All State- Group 3, and 2nd team All County by The Home News, The News Tribune and The Star Ledger. He averaged 22.9 points on the season (school record at that time). He also averaged 8 rebounds, 5 assists and 5 steals per game for the young team. He concluded his high school career with 983 career points before the three point shot was a reality. Bob was the "Boy Athlete of the Week" on Wednesday, January 9, 1985. Coach Tisdale stated "that before the season started, I had no doubt that Urbanik would have to carry us. We knew he'd have to get most of our stats. I've used him at forward and at point guard because we want to get the ball in his hands. His position depends on who we're playing. He has a great jump shot and can go one on one. He's not a cheerleader type, but he leads others by performing well."¹ Later in the 1985 season, Coach Tisdale stated "Bobby is an all around player. He's a good shooter, a good jumper. He drives to the hoop and can use either hand. He can break a press, rebound, pass. He hustles and he steals the ball. He's a real team player."²

When spring arrived, Bob's attention turned to baseball. Again, he was a three year varsity starter in the infield and then outfield for WTAAA Hall of Fame Coaches, Mickey Kott, and Jack Kreiger.

Bob wanted to play D1 college basketball. So, he decided to accept a "non-scholarship" role at Rider College. He worked hard enough to earn playing time each of his four seasons. (1986-1989) The following

represent Bob's college statistics at the D1 level.

Year	G	Mins	Reb	Pts	PPG	GS
1985-86	18	?	15	32	1.8	0
1986-87*	24	331(13.8)	39	75	3.1	1
1987-88*	15	110(7.3)	21	36	2.4	0
1988-89 ^c	23	411(17.9)	73	128	5.6	8
TOTALS:	80	852 (13.7)	148	271	3.4	9

(Source: Sports Reference College Basketball.com) *played two final four teams-Providence and Iowa | * played Kansas when they won the NCAA championship | ^c Team Captain

At the end of Bob's junior season (1987-88), he was nominated as Rider's East Coast Conference Scholar Athlete. His coach, John Carpenter said, "Bob is a great kid and a good student."³ This comment was similar to Coach Tisdale. So, Bob didn't change very much in college. Bob was an academic All American – honorable mention in 1988-1989. He was Rider's Richard H. Bubacz award winner for scholarship and leadership.

Assistant Coach Jack Kreiger recently said the following about Bob's play at CHS.

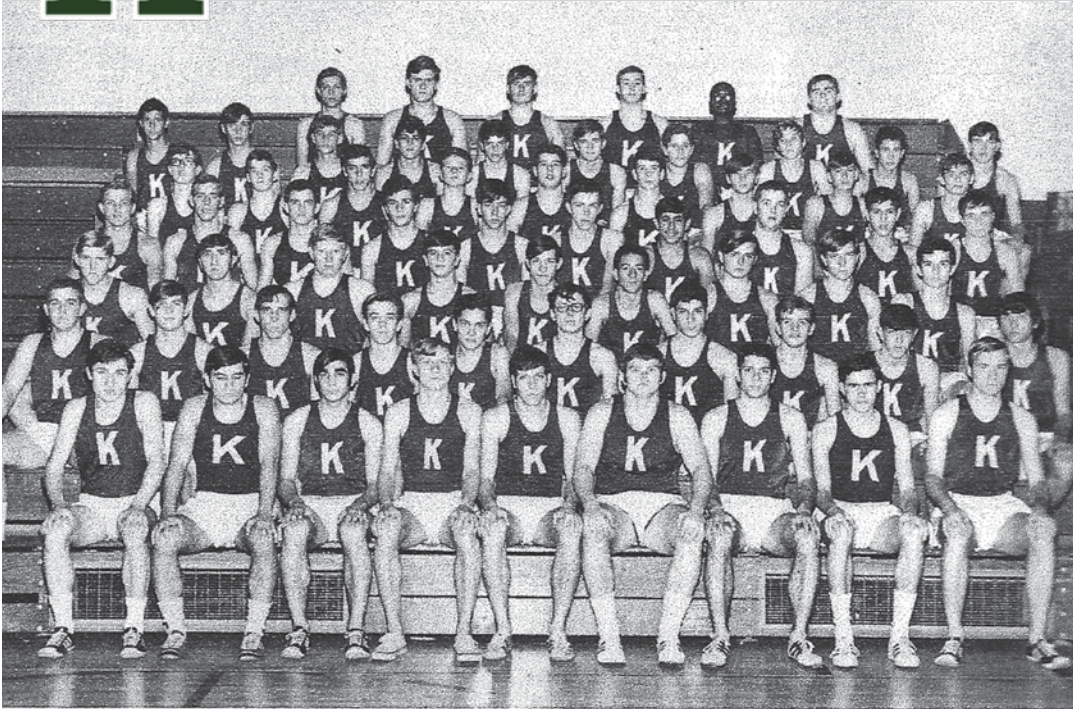
"I coached Bob in both basketball and baseball. He was a genuine worker, very dependable, and real clutch. In baseball, for example, he was a great two strike bunter especially on the squeeze play. In basketball, he had long arms and was very good on defense. Bob was an outstanding person. He led by his actions. I thoroughly enjoyed his presence."

Today, Bob lives in Denville, NJ, with his wife, Reverend Kim, and sons Luke, 21, and Mark, 19. Bob works for Broadridge Financial, as Vice – President of Product Management for Wealth and Capital Markets. He is a board member and treasurer for two non-profits –Christian Drama School of N.J. and Heart for People Foundation. His parents, Diana and John, still live in Colonia. Bob's response when we spoke via phone, "I am honored." Bob Urbanik, we are honored to welcome you to our WTAAA Hall of Fame. CONGRATULATIONS!

1. *The Star Ledger*, "Low key Urbanik leads young Colonia by example", Stu Goldstein, Wednesday, January 9, 1985.
2. *The News Tribune*, "Patriots can rely upon Urbanik," John Haley, Friday, March 8, 1985, p.18.
3. *The Home News*, Gene Haley, 1988.



1970 TRACK & FIELD (INDOOR-WINTER)



Left to Right from First row: M. Beer, G. Pacciano, A. Nesta, R. Meares, B. Anderson* - capt., B. McDonald- capt., S. Ricciardi- capt., A. Scott, K. Loder; **Second row:** B. Miller, R. Knoth, T. Mikuszewski, D. Maurath, A. Pytel, C. Carroll, P. Ricciardi, C. Wood, B. Bergondo*, S. Terregino; **Third row:** E. Elliott, A. Pandolfo, J. Seickel, J. Kennedy, P. Lata, F. Benevento, L. Derick, D. Jepsen, J. Oliver; **Fourth row:** A. Campana, T. Geffroy, J. Smyth, J. Fleischer, J. Retkwa, G. Cherepanya, B. Shandolow, D. Osborne*, S. Szymanik, G. Day; **Fifth row:** B. Knudson, K. Oliver, J. Dorian, C. Christo, B. Caleca, J. McIntyre, J. Barby, M. Smegelske, C. Derling; **Sixth row:** M. Phillips, D. Snyder, E. Bobal, C. Caliendo, R. Bennett, M. O'Brien, A. Rossetti, A. Varga, N. Distasi, B. Peterson; **Seventh row:** R. Hagensen, R. Collinson, F. Yelle, J. Howard, R. Curry, M. McCabe. **Absent from team photo:** G. Albretsen, T. Burke, S. Burricelli, J. Farrell, T. Garley*, M. Knoth, W. Rezemenski.

The 1970 JFK team was led by WTAAA Hall of Fame Coach Herb Hollowell, Asst. Coaches Gary White and WTAAA member Ron Osborne*. The 1970 returning seniors set a goal to avenge their 1969 1-point loss in the County Track Meet, and set lofty goals for the season. Team captains Bryan Anderson*, Jim McDonald, and Steve Ricciardi lead the team to a county co-championship and garnered an undefeated 11-0 dual meet season. The team placed second in the New Jersey Group 3 State Meet and placed third in the Spike Shoe Meet in Philadelphia against top teams in New Jersey and Pennsylvania.

In county competition, Coach Hollowell knew his team was not only young but was an underdog to a more powerful St. Joe's team that had captured six straight county titles. Hollowell was quoted by Charles Read, Jr. of the News Tribune as saying, "They even win the coin toss" referring to the team trophy. In humor he added he wanted to arm wrestle for the title. His experience as a Penn State track and football athlete and as a fierce competitor enabled him to lead this team to excel, bringing him recognition as 1970 County Winter Track Coach of Year.

Hollowell's team was known for its consistent performances throughout the dual meet season. The Mile Relay Team (Gary Albretsen, Tom Burke, Charlie Carroll, Tom Jefferoy, Steve Ricciardi,

John Smyth) went undefeated in dual meets, along with Steve Ricciardi (440 yd. dash) and Paul Ricciardi (60 yd. High Hurdles).

The team had numerous record setting performances including, the 1970 Middlesex Relays Championship 1st Place and record for the Mile Relay at 3:28.8 (Tom Burke, Tom Jefferoy, John Smyth, Steve Ricciardi); the 1970 State Group 3 Relay Championship with 2nd place and a school record for 4x60 yd. Shuttle Hurdle Relay (Craig Wood, Jeff Fleischer, Kevin Loder, Paul Ricciardi) and at the Middlesex County Track Meet for 60 yd. High Hurdles 1st place and tying the 7.2 county and state record (Paul Ricciardi) and at the Spike Shoe Meet for the 440 yd. Dash taking 1st place and a 49.8 new school record (Steve Ricciardi).

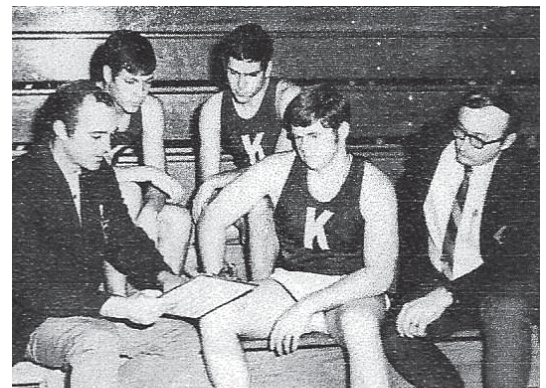
Additional outstanding performances in the Middlesex County Track Meet in the 440 yd. Dash (1st place/Steve Ricciardi); 2nd place Mile Relay Team; 60 yd. Dash (2nd place/Paul Ricciardi; 4th place/ Tom Burke); Shot Put (3rd place Jim McDonald), and Mile Run (4th place/ Allen Scott).

Beyond county competition, athletes also excelled in the State Group 3 Meet earning 2nd place for Shot Put (Jim McDonald); 1st place in 440 yd. Dash (Steve Ricciardi); and 1st place in 60 yd. High

Hurdles tying meet record at 7.3 (Paul Ricciardi) also taking 2nd place in the All-Groups Meet and 1st place in the Spike Shoe Meet.

The team was a close-knit group who put forth concerted efforts to excel not as individuals but as a unit—which was clearly reflected in the philosophy and dedication of its head coach. A large number of team members moved on to become collegiate athletes in various sports and nearly a dozen individuals are WTAAA Hall of Fame members.

* We remember these men In Memoriam



1970 Winter Track Team Captains and Coaches:
L-R: Coach Herb Hollowell, Bryan Anderson, Steve Ricciardi, Jim McDonald, and Coach Gary White.



1974 FOOTBALL TEAM



COACHES:

S. Gleitzman (Asst. Coach), J. Martino (Head Coach), J. Picaroni (Asst. Coach)



No. 1 Harry Grose	No. 33 Keith Roberts	No. 55 Keith Heilner	No. 73 James Nardone
No. 7 Derek Morgan	No. 34 Ronald Holder	No. 57 Brian Seliga	No. 75 Warren Menchan
No. 10 Keith Jarosz	No. 35 Steve Markovits	No. 58 Adrian Steingart	No. 78 John Welch
No. 11 John Baldante	No. 36 Harry Miclitz	No. 59 Arthur Gercken	No. 79 Roger Barnhard
No. 12 Robert McFadden	No. 37 Joseph Perez	No. 60 Michael Brock	No. 80 Andrew Adamshick
No. 14 Keith Ignace	No. 38 John Szpara	No. 61 Tony Souza	No. 81 Charles Covington
No. 15 Dave Bostic	No. 41 Lester Ricardo	No. 62 James Szukics	No. 82 Salvatore Mauro
No. 17 Mark Gable	No. 42 Allan Talbert	No. 63 Drew Crawford	No. 84 Alfred Alvarez
No. 19 William Fischer	No. 43 Glenn Androsko	No. 64 Ronald Bocra	No. 85 Daniel McMahon
No. 20 Ronald Peragallo	No. 50 Edward Minch	No. 65 Mark Evanko	No. 86 Robert Peters
No. 22 Eugene Bradley	No. 51 Joseph Napolitano	No. 66 Daniel Amster	No. 87 Steve Cilento
No. 23 Greg Fenton	No. 52 Donald MacDonald	No. 70 Cesar Alvarez	No. 88 Malcolm Bradley
No. 31 Donald Oshiro	No. 53 Douglas Burnett	No. 71 Paul Bostic	No. 89 Douglas Bongard
No. 32 Harry Peteet	No. 54 Steven Chamiga	No. 72 Michael White	

Colonia High School opened in September, 1967. The group we honor tonight was the first Patriot team to win a football championship. This was the old Middlesex County Athletic Conference. (13 teams...1 division) The Pats also played in the first Central Jersey Group IV playoff title game in Atlantic City Convention Hall where they had to cover the hard floor with turf.

The head coach was WTAAA Hall of Famer Joe Martino*, in his eighth season. Assistants included WTAAA Hall of Famer John Picaroni*, Bob Taylor, Joe D'Orsi and Steve Gleitzman.

The defense posted five shutouts on the way to an 8-2 season. The only losses were to Woodbridge, 7-8, and Piscataway, 7-14, in the title game when starting quarterback John Baldante was injured. The Pats finished 18th in the final Star Ledger Top 20.

1974 Scores

Sayreville (W, 19-0)	Cedar Ridge (W, 23-6)
Madison Central (W, 31-0)	John F. Kennedy (W, 6-0)
New Brunswick (W, 50-0)	Perth Amboy (W, 3-0)
Carteret (W, 21-6)	Rahway (W, 19-7)
Woodbridge (L, 7-8)	
Playoff—Piscataway (L, 7-14)	

Caesar Alvarez* (Virginia) was named 1st team

Star Ledger, All State and 1st team Group IV. He was also 1st team^T All County on the defensive line.

Al Alvarez*(Virginia) was named 1st team^T and 2nd team^S All County on the offensive line.

John Baldante* (Maryland) was named 1st team^T and 3rd team^S All County defensive back.

Eugene Bradley (US Naval Academy) was named 1st team^T All County running back and 3rd team Group IV.

Dan McMahon* (Rutgers) was named 1st team^T and 2nd team^S All County linebacker.

Mike White (Upsala) was named 1st team^T All County offensive lineman.

Sal Mauro was named 1st team^T All County defense.

Mark Evanko* (Lehigh) was selected 2nd team^T All County offense on the lines.

Greg Fenton (Lehigh) was selected 2nd team^T defensive back.

Additional key players included Harry Peteet, Harry Grose* (Valencia CC/Rider), Steve Cilento* (Colorado/Maryland), Don Oshiro*, Roger Barnhard* (Richmond), Keith Heilner, Jim Nardone* (East Stroudsburg), Ed Minch, Dave Bostic*, Al Talbert, Doug Bongard, Bob Peters* (Upsala), Derek Morgan, Ronald Holder, Glenn Androsko, Warren Menchan*,

Steve Markovits, John Welch, Ron Peragallo, Dan Amster, Lester Ricardo, Ron Bocra*, Joe Perez, Andy Adamshick, William Fischer*, John Szpara, Brian Seliga, Drew Crawford*, Harry Miclitz*, and Keith Roberts.

Assistant Coach, John Picaroni recently offered his memories of the excellent 1974 CHS football team.

"Coach Martino organized the team into 'families' by positions. The seniors were responsible for guiding the younger guys. This led to a smooth running ship in terms of discipline, self responsibility, and physical conditioning. The older guys displayed leadership, and the kids always played hard. They were football smart as well as classroom smart. They remained loyal to each other and to the coaches."

The 1974 Patriots made history as the first championship football team in CHS lore. In adulthood, team members have been prominent and successful citizens. These are all the reasons why they are ranked among the best in school annals and why we Welcome these Pats to the WTAAA Hall of Fame!

CONGRATULATIONS GENTLEMEN!

^T The New Tribune / MC Coaches | ^S Star Ledger | * Denotes WTAAA Hall of Fame Member | * We remember these men In Memoriam

Woodbridge Township Athletic Alumni Association

2019 Scholarship Recipients

The Woodbridge Township Athletic Alumni Association presents six awards for a total of \$1,800.00 at the Senior Graduation Awards Programs, and donated to the new Marisa Tufaro Foundation for Middlesex County children in need of assistance. The athletes must represent their sport(s) in both performance and leadership. The recipients demonstrate a competitive spirit, great enthusiasm, a sense of fair play, and exhibit good sportsmanship and pride in their activities. The WTAAA gives special thanks to the Woodbridge Township business community for supporting the scholarship program.



Coach Sandra Schmittke
Tommy Mitch
Casey Mulrooney
Coach Tom Chmiel



Jillian Sims
Coach Sharon DiLonardo
Dennis Howard



James Stoveken
Coach Mike Yannazzo
Kaylah Davis
Coach Tom Chmiel

Previous Scholarship Recipients

2017

Jessica Malinchok & Jarred Ruiz CHS

Maura Farley & Alexander "AJ" Moore JFK

Sierra Twomey & Keshawn "Scoobie" Henry WHS

2018

Samantha Ashton & Drew Galea CHS

Jelisa Lovett & Aaron Coleman JFK

Brooke Timinski & Curtis Nesbit WHS

Woodbridge Township Athletic Alumni Association

WTAAA HALL OF FAME INDUCTEES

FROM 1989 – MARCH 2000



Adams, Edward Adams, Robert "Ace" Alexander, Leroy Anacker, Mel Anderson, Don Aquila, Anthony Aquila, Dominick Aquila, John "Jack" Aquila, Warren Archdeacon, Richard Barany, Ernie Barbato, Patsy Barcellona, Andrew Barcellona, Tony Sr. Barlund, Richard Basarab, Michael Beleski, Al Benkert, Heinie Benzelski, Dr. Robert Bixel, Claire Boland, Bob Boland, Jim Bosze, Joseph Brey, Bill (Novo) Brodikin, Bart Brooks, Randy Buonocore, Dr. Fred Buonocore, Vinnie Burke, Jackie Cacciola, Tony Campbell, L.M. "Bud" Capraro, Frank Capraro, Dr.Vince Chaplar, Frank Christensen, Erik Christensen, Walter	Cipo, John Creekmur, Lou Cunningham, Pat D'Aprile, Nick Dalina, Pete Deryn, John DiDonna, Mark DiMock, James Drummond, Spencer Dubay, Ernie Dubay, John Dunda, James Dunfee, Al Dunham, Bonnie Dunham, Art Etzold, Edmund Max Fair, Dr. George Fair, Robert Farr, Charles Finn, Bob Finn, William J. Flaherty, Joseph Fratterolo, Matt Furdock, Don Gabriel, Lou Gerek, George Gerns, Owen Giordano, Tom Gioffre, Vince Gluchoski, Al Goglas, Kenny Gonyo, Gerry Hackett, Lee Hagler, Lou Handerhan, William Higgins, Joe	Hladik, John Hoagland, Eddie "Sully" Hollowell, Herb Houseman, Walter Howell, John Huttenberger, John Jackson, Ray Jago, Matthew Jago, Stew Johannson, George Johnson, Arthur "Buster" Johnston, Ed Jost, Frank Juhasz, Joe Karnas, Michael Kasko, Robert Kish, John Kondryk, John Konick, Dr. Emery Koperwhats, Bob Koperwhats, Donna Korcowski, John Korcowski, Tom Kostecky, T.J. Kovacs, Stephen Kirkleski, Frank Kumpa, Tom Kuzniak, Richard Lake, James Lamberti, Pat Launhardt, Walt Lawrence, Roy Leahy, Eugene Leffler, Al "Albie" Leffler, Fred "Fritz" Lockie, Tom	Luhrs, Warren Lupo, Sam Marciniak, Tom Markous, Tom Markovics, Frank Markulin, Steve Marshall, Sam Mascenik, Robert Matusz, Joann (McMillian) Mazza, Anthony McAuliffe, Tom McCallen, Howie McLaughlin, Bob Meravi, Al Miglec, Dick Miller, Jerry Molnar, Charles Montague, Dr. Don Montecalvo, Fran Moskowitz, Jack Mueller, Dr. Fred Nagy, Joe Olah, Dr. Tim Parrott, Bob Pellegrino, Angelo Peterson, Bernard Peterson, Bernard Jr. Peterson, Hardy Petrie, Tom Pirnik, Robert Pochek, Steve Priscoe, Nick Protz, John "Jack" Rice, Orville Rothfuss, Charles	Royle, John Russo, James Russomano, Anthony Santoro, Anthony Schmidt, Peter Schundler, Peter Schundler, Russell Schwartz, Vic Scutti, Dominick Semak, Nick Smith, Earl Solecki, Kay (McAuliffe) Sparks, Bill Stanko, Steve Stillman, Walter Straube, Lee Tambour, Lincoln Thompson, Thomas "Tucker" Toth, Paul Toth, Rudy Tyrrell, Al Tyrrell, Dick Tyrrell, Ken Ulozas, Tom Wagerik, Julius Wasilek, George Wataha, Joan Webb, Richard Wieczerek, Tom Williams, Tom "Ramrod" Wukovets, Percy Zambo, Steve "Buddy" Zapoticzny, Ronald Zilai, Jimmy Zullo, John
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Woodbridge Township Athletic Alumni Association

WTAAA HALL OF FAME INDUCTEES

FROM 1995 – MARCH 2000

1960	Woodbridge Football Team	Coach Nick Priscoe
1962-1963	Woodbridge Boys Basketball Team	Coach James Lake
1963-1964	Woodbridge Boys Basketball Team	Coach James Lake
1967	JFK Football Team	Coach Ron Osborne
1968-1969	Colonia Boys Basketball Team	Coach Robert Sanislow
1969	Woodbridge Football Team	Coach Sam Lupo
1971	JFK Football Team	Coach Ron Osborne
1973-1974	JFK Boys Basketball Team	Coach Ray Newman
1974-1975	Woodbridge Boys Basketball Team	Coach Joseph Flaherty

Woodbridge Township Athletic Alumni Association

WTAAA HALL OF FAME INDUCTEES

SINCE NEW COMMITTEE 2015

1957	Woodbridge Baseball	Coach Frank Capraro
1957	Woodbridge Boys Track Mile Relay Team	Coach Lou Gabriel
1970	Colonia Boys Track Relay Team	Coaches Harry Brett & Mike Murphy
1972-1973	Colonia Boys Basketball Team	Coach Bob Tisdale
1978	JFK Football Team	Coach Cary Hamrah
1978	Woodbridge Softball Team	Coach Joan Wataha
1984	Woodbridge Girls Tennis Team	Coach Ellen Baureis Pisano
1988	JFK Softball Team	Coach Robert McLaughlin
1990	Colonia Softball Team	Coach Stew Jago
1990	JFK Boys Basketball Team	Coach Ken Pace

Woodbridge Township Athletic Alumni Association

WTAAA HALL OF FAME INDUCTEES

SINCE NEW COMMITTEE 2015



Edward Ackerman
Randy J. Adleman
Dave Aprill
Danielle Barajas
Dan Bertolami
Michele Bressant
Henri Chomicki – coach
Dr. Frank Corbo

John Eppensteiner
Darlene Francisco (Matthews)
Michele Fowler
Tom Giordano, Jr.
Richard Kovack
Theodore Kujawski
Amy Hansen (Thacker)
Eileen Jauch

Leonard “Buck” Jenkins
A. Kyle Johnson
Andr a Harris (Lust)
Paul Mallas
David Marciniak
Diane Matelski (Edmonds)
Andrew McCray
Ricky Meyers

Lou Mucardo
Robert Murphy
John Picaroni
Chris Pinter
William “Bill” Schoenig
Mike Yannazzo – Coach



Eric Allen
Ron Allen
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Alex Bosch
Chris Buglovsky
Courtney Burton
Maureen Clancy (Harshman)
Amy Coppola (Kroner)

Lisa Da Cruz
Alyson Eberhardt
Jennifer Egan (Bjorndahl)
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Matt Esposito
Kathleen Flanagan (Colon)
James Gordon
J. Delvin Horsford

Jeff Kipila
Denise Koury
Mike Manfre
Andrew Munkacsi
Michele Nelson (Masino)
Ray Newman – Coach
Lenny Reyes
Patrick Sheehan

Darran Simon
Jerry Smith Sr. – Coach
Christine Stuppi (Chih)
David Tabon
Alfonzo Thomas
Robert Yesalonia
Sue Williams – Coach



Twana Allen
Joe Armeni
Al Alvarez
Caesar Alvarez
Gary Battle
Charles Braden
Larraine Bratton
Lisa Chin (Stanziani)

Tom Chmiel – Coach
Gerald Connell
Leonard Dandridge
Gene Derkack
Robert Farrell
Don Ferraro
Dr. Martine Gubernat
Mike Helman

Fred Herzog
Jennifer Kirby-Jeter- Coach
Jack Kreiger- Coach
Bill Lichtenstein
L.T. Levine
Judi Martino
Suzanne Mergner
Cheryl Olah

Ken Pace Sr. – Coach
Michael Payne
William A. “Tony” Payne
Tina Sabunas
Lorraine Smakula
Steve Solop
Lynn Spirko
Karen Youngman



2020 Hall of Fame Nominations

The WTAAA invites you to send your nominations by May 15, 2020 for the next class of inductees.

Forms are on your table.

WTAAA HALL OF FAME
2020 Nomination Closing Date – May 15, 2020

NOMINATED BY:

Name: _____
Home phone: _____
Cell phone: _____ E-mail: _____
Fax: _____

NOMINEE

Name: _____ Class year: _____
High School: _____
Address: _____ State: _____ ZIP Code: _____
City: _____ Cell phone: _____ E-mail: _____
Home phone: _____ Children: _____
Spouse Name: _____

SPORTS INFORMATION

High School Sport:	Coach <input type="checkbox"/> or Athlete <input type="checkbox"/>	Varsity Letter(s) earned:
Accomplishments/Records and Dates (e.g. All County, All Conference, All State):		
High School Sport:	Coach <input type="checkbox"/> or Athlete <input type="checkbox"/>	Varsity Letter(s) earned:
Accomplishments/Records and Dates (e.g. All County, All Conference, All State):		
High School Sport:	Coach <input type="checkbox"/> or Athlete <input type="checkbox"/>	Varsity Letter(s) earned:
Accomplishments/Records and Dates (e.g. All County, All Conference, All State):		
High School Sport:	Coach <input type="checkbox"/> or Athlete <input type="checkbox"/>	Varsity Letter(s) earned:
Accomplishments/Records and Dates (e.g. All County, All Conference, All State):		

2015



SITTING- left to right: Coach Joan Wataha, Kathleen Flanagan Colon, Christine Stuppi Chih, Lisa Da Cruz, Judi Martino, Maureen Clancy Harshman, Jennifer Egan Bjorndahl, Twana Allen, Tina Sabunas, Michele Bressant, Dr. Martine Gubernat, Karen Youngman.

STANDING: left to right: Paul Mallas sons, Paul and Kyle, Andrew McCray, Coach Mike Yannazzo, Courtney Burton, Coach Ken Pace Sr., Coach Ray Newman, Leonard "Buck" Jenkins, Michael Payne, Coach Henry Chomicki, James Anderson, William A. "Tony" Payne, Dan Bertolami, Ron Allen, Dr. Frank Corbo, William "Bill" Schoenig, Coach Tom Chmiel, Robert J. Murphy, Gary Battle. Absent from picture – Mike Helman and Jeff Kipila

2016



1st row – L to R – The children of Darlene Francisco Matthews- Andrew, Carly, Erik; coach Sue Williams; coach Jennifer Kirby – Jeter; Diane Matełski Edmonds; Lorraine Bratton
2nd row- L to R – Pat Cunningham; Bob Kasko; Steve Solop; John Eppenstein; Randy Adelman; John Picaroni; Lenny Reyes; Jason Smith; coach Jerry Smith Sr.; John Bretman; Alex Bosch; Chris Mangan; Courtney Burton; Kendal Green; J. Delvin Horsford; Matt Esposito; Dave Esposito; coach Jack Kreiger; Caesar Alvarez; coach Ken Pace Sr.; Jamie Panko

Absent from picture - deceased inductees – Al Alvarez; Darlene Francisco Matthews

Living inductees – Fred Herzog; A. Kyle Johnson; Bill Lichtenstein; Mike Manfre; Lynn Spirko; Amy Hansen-Thacker

2017



NJ SPORTS MEDIA 2017

SEATED – FIRST ROW – Dr. Robert "Bud" Kovacs (brother of Bill Kovacs- guest of honor), Kim Franks (Bill's daughter), and Tara Fairbanks (Bill's niece)

SEATED – SECOND ROW – Danielle Barajas, Ellen Baureis Pisano, coach of 1964 WHS girls tennis team and seven members of this team, Lisa Chin Stinziani, Amy Coppola Kroner, Denise Koury, Suzanne Mergner, Andra Harris Lust, Michele Fowler, and two members of 1976 JFK football team

STANDING – THIRD ROW – Leonard Dandridge, Mike Cilento, member of 1972-1973 CHS basketball team and assistant coach of 1978 JFK football team and ten members of 1978 JFK football team, Ray Newman, assistant coach at JFK, L.T. Levine, and Bob Lanigan, assistant coach of 1978 JFK football team.

STANDING – FOURTH ROW – Dave April, Tom Chmiel, assistant coach of 1972-1973 CHS basketball team, four members of this team, and Jack Kreiger, assistant coach, at CHS, James Gordon, Dave Marciniak, Chris Buglovsky, Bob Yesalonia, Joe Armeni, Robert Farrell, 1978 JFK football team member, and Carl Grillo, assistant coach of 1978 JFK football team.

Absent from picture are Tom Giordano Jr., Cheryl Olah, honored posthumously, Chris Pinter, David Tabon, honored posthumously, and Alfonso Thomas.


2018



L to R – front row – seated – 1988 JFK softball team members- Denise Koury, Tracy Latin, Sheryl Fornoff, Stacy Latin, Amy Malisa Moyer, Karen Stupp, Mrs. Munkacsi;
1990 Colonia softball team members – Donna Sisco – McBaron, Colleen Nersita, Tara Molloy, Claudine Caro, Michelle Ferragamo- Murtha, Tina Sabunas, Jennifer Fabbo, Jennifer Weller, Stu Jago- head co

L to R – top row – standing – Gerry Gonyo- WHS- 1957 baseball team; 1988 JFK softball team members – Moira Forbes Zapata, Tina Kole Frost, Bob McLaughlin- head coach, Rita Saylor- assistant coach, Patricia Fitzgerald, Pam Wojton Barnhard, Katy Flanagan Colon; Sgt. Charles Braden, Gene Derkack, Ed Ackerman, Eric Allen, Ted Kujawski, Patrick Sheehan, Darran Simon, Alyson Eberhardt, and Special Guests of Honor- Dr. Vincent Capraro and Mr. Frank Capraro.

Absent from picture - deceased inductee – Richard Kovack; and living inductees- Gerald Connell, Don Ferraro, Eileen Jauch, Lou Mucardo, Dr. Andrew Munkacsi, Lorraine Smakula, and 1957 WHS baseball team members – Ron Gasiorowski and Dave Peterson.



Robert Kasko
– WTAAA –
Inductee

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David Cassella

Ann Cyrana

Frank Ruggiero

1970 Boys

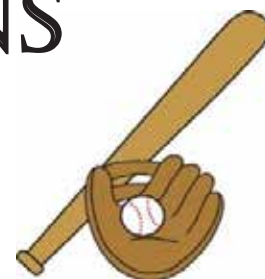
Winter Track & Field Team

Guest of Honor

Coach Herb Hollowell



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Nancy '72

Ellen '74

James '79

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they took away my pizza...they gave it back... don't do that ever again ...
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View all 5 comments



Wow. Moved from NYC to New Jersey 6 months ago & haven't been able to find good pizza. Found strawberry's on yelp. They don't offer delivery but let me tell you it's worth the drive to pick up this pizza rather than order takeout from one of the other garbage pizza place nearby. Knew it would be good when I first walked in because the place was PACKED. Pizza was amazing. High quality ingredients and you can really tell the difference. Best pizza I've had in New Jersey



We just LOVE this place. And I guess it's why we keep going back over and over... the food is consistently delicious... but hands down the best part is the service-- freezing beers served by an amazing staff!!! Last night I didn't even get into my booth before we had 2 icy miller lites on our table. They remember us and take such great care of us. We are always greeted w big smiles and very much enjoy every chance we get to go to strawberry's. The pizza is excellent every time. The wings are crispy and delicious and the chicken avocado roll appetizer is my other favorite. You really can't go wrong here!!!!



As pizza lovers, my family and I are constantly (and when I say constantly I mean every week) on the search to try delicious pizza! We'd like to think we're expert pizza eaters and know our pizza! Strawberry's is definitely up there with one of the best pies I've ever ordered! The thin crust, and cheese to sauce ratio hasn't been beat yet!! It is usually busy on Friday night, BUT I call ahead and we usually only wait 5 minutes! We've tried their fries, wings, cheesesteak and of course pizza! I promise, go. Just go!!!!



My grandpa and I go here every once and a while. They have the best wings in Jersey! I love their pizza as well and the service is usually good.



I don't know why this working class bar that seems like a beer-and-shot joint has some of the best pizza around but it does. Dude working the bar was cool too.

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The Family of **Assistant Coach Harry Zmijewski**

Assistant Coach Tom Chmiel

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Team Manager Leo Casper

Team Manager Dave Solomon



Congratulations to the
2019 WTAAA Hall of Fame Inductees
for all of your achievements and
your Hall of Fame Honor

Councilman Gregg Ficarra
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Councilman Kyle Anderson
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Steve Ricciardi

L-R - Coach Herb Hollowell, Bob Acquisto, Bernie Gerstner, Sandy Hart, Gary Cardinale, and Assistant Coach Vern Hallowell

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We are honored to have been awarded the new WTAAA Hall of Fame website project that will be launching in late 2019. Thank you WTAAA!

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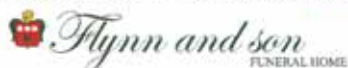
BOOSTERS

1 | ***Congratulations Dad, you're a great athlete! We love you!** Derek & Lauren Cassella*

2 | ***WAY TO GO, DAVE! I AM SO PROUD! LOVE YOU! MOM***

3 | ***To Coach Robert Bingham with the respect and gratitude of the 1975 JFK Track and Field Teams.** Dr. Robert Burlage*

4 |  **Congratulations to all of this year's WINNERS!**



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Congratulations To Coach Robert Bingham



Coach Bingham 1972



Bob Burlage 1974-75



1974-75



1974-75



1975-76



1974



1974



1972-73

With respect & gratitude from your 1970's Track & XC Teams





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